

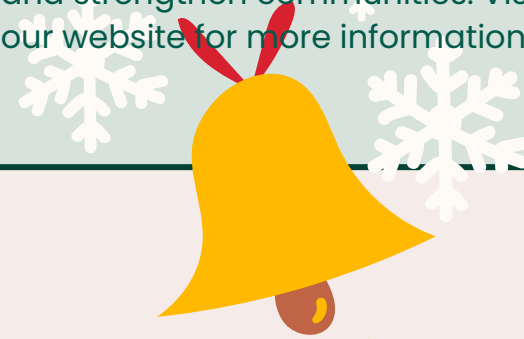
Happy Holidays!

As the holiday season approaches, we extend our heartfelt gratitude for your trust and support throughout the year. To the older adults we serve, may your holidays be filled with warmth, comfort, and joy; to their families, we wish you meaningful moments with loved ones; and to our partners, thank you for your continued collaboration and dedication. We wish you all a season of peace, good health, and happiness. Happy Holidays!



Volunteer in the New Year!

Joining a nonprofit board or advisory council for an Agency on Aging is an opportunity to make a meaningful impact, advocate for a vulnerable population, and share your expertise. It provides leadership development, the chance to collaborate with like-minded individuals, and the personal fulfillment that comes from supporting initiatives that enhance the lives of older adults and strengthen communities. Visit our website for more information!



December Holidays & Observances

- December 1 – World AIDS Day
- December 3 – International Day of Persons with Disabilities
- December 7 – Pearl Harbor Remembrance Day
- December 8 – Bodhi Day (Buddhist) / Feast of the Immaculate Conception
- December 15–22 – Hanukkah
- December 21 – Winter Solstice
- December 24 – Christmas Eve
- December 25 – Christmas Day
- December 26 – Kwanzaa begins / Boxing Day
- December 31 – New Year's Eve

What Do Senior Really Want for the Holidays?

Time, Comfort, and Connection!

Every year, the question pops up: “What should we get Grandma?” While fuzzy slippers and crossword puzzles may be thoughtful, what most seniors really want during the holidays isn’t something that fits in a box—it’s time, comfort, and meaningful connection.

1. Quality time with loved ones - family visits, shared meals, video calls with family.
2. Comfort, warmth, and familiarity - seasonal scents, holiday music, sparkling lights.
3. The opportunity to give back - knitting hats or scarves, decorating for parties, feeling of usefulness.
4. Connection through stories and shared history - sharing memories, favorite meals, special gifts from years past.
5. Inclusion in holiday plans - holiday meal preparation, decorating, and celebrating. Phone calls if far away.

The most valuable thing you can give the seniors in your life is the one thing we all crave—connection!

Time spent together, meaningful conversations, and shared experiences create lasting joy.

