

THE EMPOWERED CAREGIVER SERIES

Educational programming presented by the Alzheimer's Association®



This education series, held virtually, teaches caregivers how to navigate the responsibilities of caring for someone living with dementia.

Topics include tips for understanding key aspects of caregiving, managing finances, supporting independence, communicating effectively, responding to dementia-related behaviors and exploring care and support services.

This virtual series is offered in partnership with AARP Connecticut. Additional information on AARP and their services can be found at states.aarp.org/connecticut.

Held Virtually on Mondays @ Noon via Zoom

10/27/25: Building Foundations of Caregiving

11/03/25: Supporting Independence

11/10/25: Communicating Effectively

11/17/25: Responding to Dementia-Related Behaviors

11/24/25: Exploring Care and Support Services

RSVP for each or all programs required.

To register for each program, click the appropriate date above.

Visit alz.org/CRF to explore additional education programs in your area.

