



Hospice & Palliative Care Of Northeastern Connecticut Holiday Bereavement Support Groups

Soup & Stories

When: Wednesday, December 3 &
Wednesday, December 10

Time: 12:30 p.m.

Where: Putnam Congregational Church
175 Main Street Putnam, CT 06260

To Register: (860) 928-0422 or (860) 576-2033

Details: Please join us as we nourish our hearts and soul with warm soup while we listen to stories, poems and passages regarding grief as we approach the holidays.

We will continue to share tips to help you through the holidays. There will be time for sharing and supporting.

Sharing Loving Kindness

When: Wednesday, December 17 &
Tuesday, December 23

Time: 4:00 p.m.

Where: Christ Church
527 Pomfret Street, Pomfret, CT 06259

To Register: (860) 928-0422 or (860) 576-2033

Details: Please join us as we care for our hearts with a loving kindness meditation followed by a discussion on what and who brings us comfort.

We will light candles & remember past holiday traditions. Time for fellowship and refreshments will be available at the end of our session.