



The Commission on
Women, Children, Seniors, Equity & Opportunity

CWCSEO

Connecticut General Assembly

2025 Hunger Action Month



Measuring Hunger: The Role of Data in Food Nutrition and Security

Data is critical to identifying food and nutrition insecurity. This event will explore what we know, what we don't, and how to learn more.

**September 17th
12:30-2:30 PM**



Identifying Nutritious and Affordable Food Options

A conversation on how to address advertising, labeling, and buzzwords like ultra-processed to ensure CT shoppers know what's healthy and not.

**September 26th
10:30 AM-12:30 PM**



A Conversation on Food and Nutrition Education for Family Wellbeing

This event will explore the importance of food and nutrition education, its availability in CT, barriers to access, and how to overcome them.

**October 1st
10 AM-12 PM**



Join the CWCSEO for Hunger Action Month Events! All events will be held in Room 1D of the Legislative Office Building.

300 Capitol Ave, Hartford, CT