

January 2022

Avivo Community Support Program

Monday	Tuesday	Wednesday	Thursday	Friday
<div>3</div> <div>10:30 am – 12:30 pm Textile Craft Club Grain Belt Bottling House 79 13th Ave NE, Minneapolis Optional Zoom participation</div> <div>1:00 pm – 4:00 pm Open Studio Grain Belt Bottling House 79 13th Ave NE, Minneapolis</div>	<div>4</div> <div>1:00 pm – 3:00 pm CSP Gathering -- Winter Bingo Launch! Crystal Community Center 4800 Douglas Drive N, Crystal</div>	<div>5</div> <div>10:30 am –12:00 pm Nature Writing Circle Grain Belt Bottling House 79 13th Ave NE, Minneapolis</div> <div>11:00 am – 12:00 pm Mindful Art on Zoom</div> <div>1:00 pm – 4:00 pm Open Studio @ Grain Belt 79 13th Ave NE, Minneapolis</div> <div>2:00 pm – 3:00 pm Coping w/ Anxiety on Zoom</div> <div>2:00 pm – 3:00 pm BIPOC Support on Zoom</div> <div>3:00 pm - 4:00 pm Mindful Movement on Zoom</div>	<div>6</div> <div>11:00 am – 12:30 pm Expressive Therapy Group Grain Belt Bottling House 79 13th Ave NE, Minneapolis</div> <div>11:30 am – 12:30 pm Zoom Fitness</div> <div>1:00 pm – 3:00 pm CSP Gathering -- Winter Bingo Launch! Creekside Community Center 9801 Penn Ave S, Bloomington</div>	<div>7</div> <div>1:00 pm – 3:00 pm Nature Walk @ Veterans Park 6335 Portland Ave, Richfield</div> <div>1:00 pm – 3:00 pm ArtWorks Collective Crossroads Art Show @ The Gallery 900 Hennepin Ave, Minneapolis</div>
<div>10</div> <div>10:30 am – 12:30 pm Textile Craft Club Grain Belt Bottling House 79 13th Ave NE, Minneapolis Optional Zoom participation</div> <div>11:00 am – 12:00 pm Peers Check-in on Zoom</div> <div>1:00 pm – 4:00 pm Open Studio Grain Belt Bottling House 79 13th Ave NE, Minneapolis</div>	<div>11</div> <div>1:00 pm – 3:00 pm CSP Gathering Crystal Community Center 4800 Douglas Drive N, Crystal</div>	<div>12</div> <div>10:30 am –12:00 pm Nature Writing Circle Grain Belt Bottling House 79 13th Ave NE, Minneapolis</div> <div>11:00 am – 12:00 pm Mindful Art on Zoom</div> <div>12:00 pm – 1:30 pm Book Club on Zoom</div> <div>1:00 pm – 4:00 pm Open Studio @ Grain Belt 79 13th Ave NE, Minneapolis</div> <div>2:00 pm – 3:00 pm Coping w/ Anxiety on Zoom</div> <div>2:00 pm – 3:00 pm BIPOC Support on Zoom</div> <div>3:00 pm – 4:00 pm Mindful Movement on Zoom</div>	<div>13</div> <div>11:30 am – 12:30 pm Zoom Fitness</div> <div>11:00 am – 12:00 pm Perspectives Photography on Zoom</div> <div>11:00 am – 12:30 pm Expressive Therapy Group Grain Belt Bottling House 79 13th Ave NE, Minneapolis</div> <div>1:00 pm – 3:00 pm CSP Gathering Creekside Community Center 9801 Penn Ave S, Bloomington</div> <div>1:00 pm – 3:00 pm Digital Storytelling Grain Belt Bottling House 79 13th Ave NE, Minneapolis</div>	<div>14</div> <div>11:00 am – 12:00 pm Gentle Yoga on Zoom</div> <div>1:00 pm – 2:00 pm MI/CD Recovery Support Group on Zoom</div> <div>1:00 pm – 3:00 pm ArtWorks Collective Crossroads Art Show @ The Gallery 900 Hennepin Ave, Minneapolis</div> <div>2:00 pm – 3:00 pm Music Talks on Zoom</div>
<div>17</div> <div>Avivo Closed: Martin Luther King Jr. Day</div>	<div>18</div>	<div>19</div> <div>10:30 am –12:00 pm Nature Writing Circle Grain Belt Bottling House 79 13th Ave NE, Minneapolis</div> <div>11:00 am – 12:00 pm Mindful Art on Zoom</div> <div>12:00 pm – 1:00 pm Sound Healing on Zoom</div> <div>1:00 pm – 4:00 pm Open Studio @ Grain Belt 79 13th Ave NE, Minneapolis</div> <div>2:00 pm – 3:00 pm Coping w/ Anxiety on Zoom</div> <div>2:00 pm – 3:00 pm BIPOC Support on Zoom</div> <div>3:00 pm – 4:00 pm Mindful Movement on Zoom</div>	<div>20</div> <div>11:00 am – 12:00 pm Perspectives Photography On Zoom</div> <div>11:00 am – 12:30 pm Expressive Therapy Group Grain Belt Bottling House 79 13th Ave NE, Minneapolis</div> <div>11:30 am – 12:30 pm Zoom Fitness</div> <div>1:00 pm – 3:00 pm CSP Gathering Creekside Community Center 9801 Penn Ave S, Bloomington</div> <div>1:00 pm – 3:00 pm Digital Storytelling Grain Belt Bottling House 79 13th Ave NE, Minneapolis</div>	<div>21</div> <div>1:00 pm – 2:00 pm MI/CD Recovery Support Group on Zoom</div> <div>1:00 pm – 3:00 pm Conservatory Field Trip Marjorie McNeely Conservatory @ the Como Zoo 1225 Estabrook Dr, St Paul, MN PLEASE RSVP BY 1/14 TO RESERVE YOUR SPOT -- RSVP REQUIRED! (Transportation assistance available -- contact CSP staff to discuss your options)</div> <div>1:00 pm – 3:00 pm ArtWorks Collective Crossroads Art Show @ The Gallery 900 Hennepin Ave, Minneapolis</div>

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<p>24</p> <p>10:30 am – 12:30 pm Textile Craft Club Grain Belt Bottling House 79 13th Ave NE, Minneapolis Optional Zoom participation</p> <p>11:00 am – 12:00 pm Peers Check-in on Zoom</p> <p>1:00 pm – 4:00 pm Open Studio Grain Belt Bottling House 79 13th Ave NE, Minneapolis</p>	<p>25</p> <p>1:00 pm – 3:00 pm CSP Gathering Crystal Community Center 4800 Douglas Drive N, Crystal</p>	<p>26</p> <p>10:30 am – 12:00 pm Nature Writing Circle Grain Belt Bottling House 79 13th Ave NE, Minneapolis</p> <p>11:00 am – 12:00 pm Mindful Art on Zoom</p> <p>12:00 pm – 1:30 pm Book Club on Zoom</p> <p>1:00 pm – 4:00 pm Open Studio @ Grain Belt 79 13th Ave NE, Minneapolis</p> <p>2:00 pm – 3:00 pm Coping w/ Anxiety on Zoom</p> <p>2:00 pm – 3:00 pm BIPOC Support on Zoom</p> <p>3:00 pm – 4:00 pm Mindful Movement on Zoom</p>	<p>27</p> <p>11:00 am – 12:00 pm Perspectives Photography on Zoom</p> <p>11:00 am – 12:30 pm Expressive Therapy Group Grain Belt Bottling House 79 13th Ave NE, Minneapolis</p> <p>11:30 am – 12:30 pm Zoom Fitness</p> <p>1:00 pm – 3:00 pm CSP Gathering Creeside Community Center 9801 Penn Ave S, Bloomington</p> <p>1:00 pm – 3:00 pm Digital Storytelling Grain Belt Bottling House 79 13th Ave NE, Minneapolis</p>	<p>28</p> <p>11:00 am – 12:00 pm Gentle Yoga on Zoom</p> <p>1:00 pm – 2:00 pm MI/CD Recovery Support Group on Zoom</p> <p>1:00 pm – 2:30 pm Tea Tasting Club on Zoom</p> <p>1:00 pm – 3:00 pm Closing Reception -- ArtWorks Collective Crossroads Art Show @ The Gallery 900 Hennepin Ave, Minneapolis</p> <p>2:00 pm – 3:00 pm Music Talks on Zoom</p>
<p>31</p> <p>10:30 am – 12:30 pm Textile Craft Club Grain Belt Bottling House 79 13th Ave NE, Minneapolis Optional Zoom participation</p> <p>11:00 am – 12:00 pm Peers Check-in on Zoom</p> <p>1:00 pm – 4:00 pm Open Studio Grain Belt Bottling House 79 13th Ave NE, Minneapolis</p>				

RSVP for programming:
 612-752-8332 or community.support@avivomn.org

- Zoom links are emailed out before each virtual program.
- Masks are required for all indoor programming.
- All groups are tobacco free. Thank you!

NEW – WINTER WEATHER CANCELLATION PROTOCOL

Starting in January 2022, the CSP will enact a new protocol for cancelling programming due to bad winter weather. When storms or poor weather conditions are predicted or taking place, CSP staff will make a decision about each day's programming by 9:00 am. If we decide to cancel, we will begin contacting members at this time. We want to give members enough advanced notice to cancel any planned transportation for that day.

If you are RSVPed for programming, we will call or email you to confirm the cancellation. If you have not RSVPed, we will be unable to notify you. Please RSVP for all programming you plan to attend. This will ensure you are contacted in the case of a winter weather cancellation. We accept both email and phone RSVPs: 612-752-8332 or community.support@avivomn.org.

