

January 2022

Avivo Community Support Program

Monday	Tuesday	Wednesday	Thursday	Friday
3 10:30 am – 12:30 pm Textile Craft Club Grain Belt Bottling House 79 13 th Ave NE, Minneapolis Optional Zoom participation 1:00 pm – 4:00 pm Open Studio Grain Belt Bottling House 79 13 th Ave NE, Minneapolis	4 1:00 pm – 3:00 pm CSP Gathering – Winter Bingo Launch! Crystal Community Center 4800 Douglas Drive N, Crystal	5 10:30 am – 12:00 pm Nature Writing Circle Grain Belt Bottling House 79 13 th Ave NE, Minneapolis 11:00 am – 12:00 pm Mindful Art on Zoom 1:00 pm – 4:00 pm Open Studio @ Grain Belt 79 13 th Ave NE, Minneapolis 2:00 pm – 3:00 pm Coping w/ Anxiety on Zoom 2:00 pm – 3:00 pm BIPOC Support on Zoom 3:00 pm – 4:00 pm Mindful Movement on Zoom	6 11:00 am – 12:30 pm Expressive Therapy Group Grain Belt Bottling House 79 13 th Ave NE, Minneapolis 11:30 am – 12:30 pm Zoom Fitness 1:00 pm – 3:00 pm CSP Gathering -- Winter Bingo Launch! Creekside Community Center 9801 Penn Ave S, Bloomington	7 1:00 pm – 3:00 pm Nature Walk @ Veterans Park 6335 Portland Ave, Richfield 1:00 pm – 3:00 pm ArtWorks Collective Crossroads Art Show @ The Gallery 900 Hennepin Ave, Minneapolis
10 10:30 am – 12:30 pm Textile Craft Club Grain Belt Bottling House 79 13 th Ave NE, Minneapolis Optional Zoom participation 11:00 am – 12:00 pm Peers Check-in on Zoom 1:00 pm – 4:00 pm Open Studio Grain Belt Bottling House 79 13 th Ave NE, Minneapolis	11 1:00 pm – 3:00 pm CSP Gathering Crystal Community Center 4800 Douglas Drive N, Crystal	12 10:30 am – 12:00 pm Nature Writing Circle Grain Belt Bottling House 79 13 th Ave NE, Minneapolis 11:00 am – 12:00 pm Mindful Art on Zoom 12:00 pm – 1:30 pm Book Club on Zoom 1:00 pm – 4:00 pm Open Studio @ Grain Belt 79 13 th Ave NE, Minneapolis 2:00 pm – 3:00 pm Coping w/ Anxiety on Zoom 2:00 pm – 3:00 pm BIPOC Support on Zoom 3:00 pm – 4:00 pm Mindful Movement on Zoom	13 11:30 am – 12:30 pm Zoom Fitness 11:00 am – 12:00 pm Perspectives Photography on Zoom 11:00 am – 12:30 pm Expressive Therapy Group Grain Belt Bottling House 79 13 th Ave NE, Minneapolis 1:00 pm – 3:00 pm CSP Gathering Creekside Community Center 9801 Penn Ave S, Bloomington 1:00 pm – 3:00 pm Digital Storytelling Grain Belt Bottling House 79 13 th Ave NE, Minneapolis	14 11:00 am – 12:00 pm Gentle Yoga on Zoom 1:00 pm – 2:00 pm MI/CD Recovery Support Group on Zoom 1:00 pm – 3:00 pm ArtWorks Collective Crossroads Art Show @ The Gallery 900 Hennepin Ave, Minneapolis 2:00 pm – 3:00 pm Music Talks on Zoom
17 Avivo Closed: Martin Luther King Jr. Day	18	19 10:30 am – 12:00 pm Nature Writing Circle Grain Belt Bottling House 79 13 th Ave NE, Minneapolis 11:00 am – 12:00 pm Mindful Art on Zoom 12:00 pm – 1:00 pm Sound Healing on Zoom 1:00 pm – 4:00 pm Open Studio @ Grain Belt 79 13 th Ave NE, Minneapolis 2:00 pm – 3:00 pm Coping w/ Anxiety on Zoom 2:00 pm – 3:00 pm BIPOC Support on Zoom 3:00 pm – 4:00 pm Mindful Movement on Zoom	20 11:00 am – 12:00 pm Perspectives Photography On Zoom 11:00 am – 12:30 pm Expressive Therapy Group Grain Belt Bottling House 79 13 th Ave NE, Minneapolis 11:30 am – 12:30 pm Zoom Fitness 1:00 pm – 3:00 pm CSP Gathering Creekside Community Center 9801 Penn Ave S, Bloomington 1:00 pm – 3:00 pm Digital Storytelling Grain Belt Bottling House 79 13 th Ave NE, Minneapolis	21 1:00 pm – 2:00 pm MI/CD Recovery Support Group on Zoom 1:00 pm – 3:00 pm Conservatory Field Trip Marjorie McNeely Conservatory @ the Como Zoo 1225 Estabrook Dr, St Paul, MN PLEASE RSVP BY 1/14 TO RESERVE YOUR SPOT -- RSVP REQUIRED! (Transportation assistance available -- contact CSP staff to discuss your options) 1:00 pm – 3:00 pm ArtWorks Collective Crossroads Art Show @ The Gallery 900 Hennepin Ave, Minneapolis

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31 10:30 am – 12:30 pm Textile Craft Club Grain Belt Bottling House 79 13 th Ave NE, Minneapolis Optional Zoom participation 11:00 am – 12:00 pm Peers Check-in on Zoom 1:00 pm – 4:00 pm Open Studio Grain Belt Bottling House 79 13 th Ave NE, Minneapolis				

**RSVP for programming:
612-752-8332 or community.support@avivomn.org**

- Zoom links are emailed out before each virtual program.
- Masks are required for all indoor programming.
- All groups are tobacco free. Thank you!

NEW – WINTER WEATHER CANCELLATION PROTOCOL

Starting in January 2022, the CSP will enact a new protocol for cancelling programming due to bad winter weather. When storms or poor weather conditions are predicted or taking place, CSP staff will make a decision about each day's programming by 9:00 am. If we decide to cancel, we will begin contacting members at this time. We want to give members enough advanced notice to cancel any planned transportation for that day.

If you are RSVPed for programming, we will call or email you to confirm the cancellation. If you have not RSVPed, we will be unable to notify you. Please RSVP for all programming you plan to attend. This will ensure you are contacted in the case of a winter weather cancellation. We accept both email and phone RSVPs: 612-752-8332 or community.support@avivomn.org.

