August 2022

Avivo Community Sup Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
11:00 am – 4:00 pm Open Studio Grain Belt Bottling House 79 13 th Ave NE, Minneapolis	CSP Closed for Staff Training	11:00 am – 1:00 pm Artistic Development and Opportunities @ Grain Belt 79 13 th Ave NE, Minneapolis	11:00 am – 12:30 pm Expressive Arts Therapy Grain Belt Bottling House 79 13 th Ave NE, Minneapolis	10:00 am – 11:00 am Gentle Yoga on Zoom
12:00 pm – 1:00 pm CSP Walking Club Grain Belt Bottling House		11:00 am – 12:00 pm Mindful Art on Zoom	11:30 am – 12:30 pm Zoom Fitness	1:00 pm – 3:00 pm Nature Walk at Wood Lake
79 13 th Ave NE, Minneapolis 1:00 pm – 2:30 pm Diverse Foods on Zoom		1:00 pm – 4:00 pm Open Studio Grain Belt Bottling House 79 13 th Ave NE, Minneapolis	12:00 pm – 1:00 pm CSP Walking Club Creekside Community Center 9801 Penn Ave S, Bloomington	Wood Lake Nature Center 6710 Lake Shore Dr S, Richfield
2:00 pm – 3:00 pm BIPOC Support on Zoom		2:00 pm – 3:00 pm Coping w/ Anxiety on Zoom	1:00 pm – 3:00 pm CSP Gathering: Kites Creekside Community Center 9801 Penn Ave S, Bloomington	
		3:00 pm – 4:00 pm Mindful Movement on Zoom	12:15, 2:00, 4:00 pm Music Production Grain Belt Bottling House Contact T'Adre to RSVP: (612) 978-7714 or	
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11:00 am – 4:00 pm Open Studio Grain Belt Bottling House 79 13th Ave NE, Minneapolis 12:00 pm – 1:00 pm CSP Walking Club Grain Belt Bottling House 79 13th Ave NE, Minneapolis 2:00 pm – 3:00 pm BIPOC Support on Zoom	1:00 pm – 3:00 pm Swimming at Crystal Cove Crystal Cove Aquatic Center, 4848 Douglas Drive N, Crystal	11:00 am – 1:00 pm Artistic Development and Opportunities @ Grain Belt 79 13th Ave NE, Minneapolis	11:00 am – 12:30 pm Expressive Arts Therapy Grain Belt Bottling House 79 13th Ave NE, Minneapolis	10:00 am – 11:00 am Gentle Yoga on Zoom
		11:00 am – 12:00 pm Mindful Art on Zoom	11:30 am – 12:30 pm Zoom Fitness	11:00 am – 2:00 pm Fishing Club - Contact Ari for more information:
		12:00 pm – 1:30 pm Book Club on Zoom	12:00 pm – 1:00 pm CSP Walking Club Creekside Community Center	(612) 449 –5712 or ari.rodriguez@avivomn.org Eagle Lake Regional Park
		1:00 pm – 4:00 pm Open Studio Grain Belt Bottling House	9801 Penn Ave S, Bloomington 1:00 pm – 3:00 pm	10704 63rd Ave N, Maple Grove
		79 13 th Ave NE, Minneapolis 2:00 pm – 3:00 pm	CSP Gathering: Mandalas Creekside Community Center 9801 Penn Ave S, Bloomington	
		Coping w/ Anxiety on Zoom 3:00 pm – 4:00 pm Mindful Movement on Zoom	12:15, 2:00, 4:00 pm Music Production Grain Belt Bottling House Contact T'Adre to RSVP	
15	16	17	18	19
11:00 am – 4:00 pm Open Studio Grain Belt Bottling House 79 13 th Ave NE, Minneapolis	1:00 pm – 3:00 pm Movie Screening: The NeverEnding Story (+ popcorn!) Crystal Community Center, 4800 Douglas Drive N, Crystal	11:00 am – 1:00 pm Artistic Development and Opportunities, <i>Grain Belt</i> , 79 13 th Ave NE, Minneapolis	11:00 am – 12:30 pm Expressive Arts Therapy Grain Belt Bottling House 79 13 th Ave NE, Minneapolis	10:00 am – 11:00 am Gentle Yoga on Zoom
12:00 pm – 1:00 pm CSP Walking Club Grain Belt Bottling House 79 13th Ave NE, Minneapolis 1:00 pm – 2:30 pm Diverse Foods on Zoom 2:00 pm – 3:00 pm BIPOC Support on Zoom		11:00 am – 12:00 pm Mindful Art on Zoom	11:30 am – 12:30 pm Zoom Fitness	
		12:00 pm – 1:00 pm Sound Healing on Zoom	1:00 pm – 3:00 pm CSP Gathering: Movie Screening: Big Fish	
		1:00 pm – 4:00 pm Open Studio Grain Belt Bottling House 79 13 th Ave NE, Minneapolis	(+ popcorn!) Creekside Community Center 9801 Penn Ave S, Bloomington	
		2:00 pm – 3:00 pm Coping w/ Anxiety on Zoom	12:15, 2:00, 4:00 pm Music Production Grain Belt Bottling House Contact T'Adre to RSVP	
		3:00 pm – 4:00 pm Mindful Movement on Zoom		

Monday	Tuesday	Wednesday	Thursday	Friday
22	23	24	25	26
11:00 am – 4:00 pm		11:00 am – 1:00 pm		10:00 am – 11:00 am
Open Studio	CSP Closed for	Artistic Development and	CSP Closed for	Gentle Yoga
Grain Belt Bottling House		Opportunities		on Zoom
79 13 th Ave NE, Minneapolis	Staff Training	Grain Belt, 79 13 th Ave NE,	Staff Training	
		Minneapolis		11:00 am – 2:00 pm
12:00 pm – 1:00 pm				Fishing Club - Contact Ari
CSP Walking Club		11:00 am – 12:00 pm		for more information:
Grain Belt Bottling House		Mindful Art on Zoom		(612) 449 –5712 or
79 13 th Ave NE, Minneapolis		12:00 pm – 1:30 pm		ari.rodriguez@avivomn.org
2:00 pm – 3:00 pm		Book Club on Zoom		Eagle Lake Regional Park
BIPOC Support		Book Glas on Zoom		10704 63rd Ave N,
on Zoom		1:00 pm – 4:00 pm		Maple Grove
		Open Studio		1.00
		Grain Belt Bottling House		1:00 pm – 3:00 pm Nature Walk
		79 13 th Ave NE, Minneapolis		at Minnehaha Falls
		2.00		Meet in front of Sea Salt
		2:00 pm – 3:00 pm		4825 Minnehaha Ave,
		Coping w/ Anxiety on Zoom		Minneapolis
		on Zoom		,
		3:00 pm – 4:00 pm		
		Mindful Movement		
		on Zoom		
29	30	31	Sept. 1	2
11:00 am – 4:00 pm	1:00 pm – 3:00 pm	11:00 am – 1:00 pm		
Open Studio	CSP Gathering:	Artistic Development and	11:00 am – 12:30 pm	10:00 am – 11:00 am
Grain Belt Bottling House	BINGO	Opportunities	Expressive Arts Therapy	Gentle Yoga
79 13 th Ave NE,	Crystal Community	Grain Belt, 79 13th Ave NE,	Grain Belt Bottling House	on Zoom
Minneapolis	Center 4800 Douglas	Minneapolis	79 13 th Ave NE, Minneapolis	
	<i>Drive N, Crystal</i>	11:00 am – 12:00 pm	11:30 am – 12:30 pm	Mini Golf
12:00 pm – 1:00 pm		Mindful Art on Zoom	Zoom Fitness	Friday, September 2,
CSP Walking Club			200111111000	1:00 – 3:00 pm
Grain Belt Bottling House		12:00 pm – 1:00 pm	1:00 pm – 3:00 pm	Veterans Memorial Park
79 13 th Ave NE,		Tea Tasting Club on Zoom	CSP Gathering: TBD	6335 Portland Ave South,
Minneapolis			Creekside Community Center	Richfield
1.00		1:00 pm – 4:00 pm	9801 Penn Ave S, Bloomington	
1:00 pm – 2:30 pm		Open Studio Grain Belt Bottling House	12:15 2:00 4:00	
Diverse Foods on Zoom		79 13 th Ave NE, Minneapolis	12:15, 2:00, 4:00 pm Music Production	
2.00 nm 2.00 nm		. 5 25 1100112,1111111111111111111111111111111	Grain Belt Bottling House	
2:00 pm – 3:00 pm BIPOC Support		2:00 pm – 3:00 pm	Contact T'Adre to RSVP	
on Zoom		Coping w/ Anxiety		
on Zoom		on Zoom		A
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		3:00 pm – 4:00 pm		
		Mindful Movement on Zoom		
		On Zoon		
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RSVP for programming: (612) 752-8332 or community.support@avivomn.org

- Zoom links are emailed out before each virtual program.
- Masks are required for all indoor programming.
- Transportation assistance is often available RSVP to discuss options with staff.
- All groups are tobacco free. Thank you!