



MHAROC Peer Academy

The MHAROC Peer Academy is a training program for peers where we take an intersectional approach to learning the practice of peer support and developing the employment skills necessary to enter the peer specialist workforce. The Winter 2019 Peer Academy will run from February 5th through April 4th 2019.

Time: *Tuesdays and Thursdays from 9:30 – 12:30 from February 5th – April 4th*
Location: *MHAROC’s Life Skills Recovery Center 344 N. Goodman St. Rochester, NY 14607*
Contact: *Kirsten at (585) 224-2005 or kmuckstadt@mharocheater.org*

If you would like to participate in the Winter 2019 Peer Academy, please complete the attached registration form and return to kmuckstadt@mharocheater.org by 1/25/19. Space is limited so be sure to register ASAP. Participants are expected to attend all sessions.

Winter 2019 Peer Academy Schedule

Week 1	<i>Tuesday February 5th 9:30-12:30</i> Introduction to Peer Support	<i>Thursday February 7th 9:30-12:30</i> Historical Roots of the Peer Movement
Week 2	<i>Tuesday February 12th 9:30-12:30</i> The Goal is Recovery	<i>Thursday February 14th 9:30-12:30</i> Introduction to Person Centered Principles
Week 3	<i>Tuesday February 19th 9:30-12:30</i> Action Planning for Prevention & Recovery	<i>Thursday February 21st 9:30-12:30</i> Creating Person-Centered Service Plans
Week 4	<i>Tuesday February 26th 9:30-12:30</i> Trauma Informed Peer Support Session I	<i>Thursday February 28th 9:30-12:30</i> Trauma Informed Peer Support Session II
Week 5	<i>Tuesday March 5th 9:30-12:30</i> Essential Communications Skills Session I	<i>Thursday March 7th 9:30-12:30</i> Essential Communications Skills Session II
Week 6	<i>Tuesday March 12th 9:30-12:30</i> The Rehabilitation Act and the ADA and Olmstead: Continued Mandate of De-Institutionalization	<i>Thursday March 14th 9:30-12:30</i> Human and Patient Rights in New York
Week 7	<i>Tuesday March 19th 9:30-12:30</i> The Important of Advocacy Session I	<i>Thursday March 21st 9:30-12:30</i> The Important of Advocacy Session II
Week 8	<i>Tuesday March 26th 9:30-12:30</i> Documentation for Peer Services	<i>Thursday March 28th 9:30-12:30</i> Peer-Delivered Service Models
Week 9	<i>Tuesday April 2nd 9:30-12:30</i> Certification & Employment as a Peer Specialist	<i>Thursday April 4th 9:30-12:30</i> Wrap-Up and Review

The Peer Academy builds upon the content of the 13 core courses required to obtain the New York Peer Specialist certification (NYCPS) through the Academy of Peer Services, www.academyofpeerservices.org You can find more information about the certification at www.nypeerspecialist.org