

Courage to Speak® COURAGEOUS PARENTING101



"Parenting Through the Opioid Crisis and Beyond"™

- Learn Communication Strategies with Children on Drugs
- Teach Children Drug Refusal Skills
- Help Children Cope Effectively with Stress and Emotions
- Understand Signs of Drug Use
- The Influence of Marijuana and Opioid Use on Youth Development
- Parent Resources and Much More!



A DOUBLE DOSE OF PREVENTION™

Part 1 Featuring the Courage to Speak® Presentation presented by Ginger Katz, CEO, Founder of The Courage to Speak Foundation and Author of *Sunny's Story, A Drug Prevention Book*

Part 2 Facilitated by Carlos Reinoso Jr MSMOL, BHCC trained in substance abuse and addiction presenting Courage to Speak® Courageous Parenting 101 "Parenting Through the Opioid Crisis and Beyond"™



**St Joseph High School
2320 Huntington Tpke, Trumbull, CT
March 12, 2019 at 6:00 PM**

Light refreshments will be provided

For more information, or to register for this program contact:
Kathleen Seperack at 203.378.9378 x457 KSeperack@sjcadets.org

www.couragetospeak.org

This event is funded in whole from the United States Department of Health and Human Services' (HHS) Substance Abuse and Mental Health Services Administration (SAMHSA) through the CT Department of Mental Health and Addiction Services. (DMHAS).

DMHAS Opioid Support Access Line: 1-800-563-4086