

## Zecret Hero



Anile (Anne) Woods has worked as Gardening Supervisor at ZSFG for 13 years, managing 23 acres of open space, landscaped areas, gardens, patios and courtyards with her team of gardeners and porters. Formerly a 20-year surgical tech at General Hospital of Cincinnati, Anile feels she has come full circle in her career. She brings a wellness perspective to the Gardening Department, incorporating education, history and the arts to engage ZSFG patients, family, friends and staff.

During the height of the pandemic, Anile contributed features about her [garden projects](#) to *A Moment To Pause*. She designed her ZSFG art, tree and architecture treasure hunts to entice staff to get outside for a break. She and her team recycled the fountain from the former Emergency parking lot to create the Resilience Garden. As co-founder of the Garden Giveaway Program, she partnered with Heartbeats and the Wellness Center to grow and distribute organic produce to participants in nutrition-based chronic disease management classes, partnering with chef Catherine on cooking demos and teaching gardening to CARE program participants.

The Garden Poetry Walk project, with a [dedication event in September](#), integrated her interests in poetry, art, and patient and staff expression with the gardens. Poetry by patients, professional poets and UCSF Department of Medicine employees rotates through Hearts Grant-funded kiosks built by artist Rebecca Fox. Anile sees the walk as a healing journey and a luxurious break from the difficult work of keeping the hospital gardens and grounds clean and safe.