March Newsletter 2026

Great Lakes Recovery Centers <marketing@greatlakesrecovery.org> Fri, Mar 20, 2026 at 9:37 AM
Reply-To: marketing@greatlakesrecovery.org
To: baragachamberoperations@gmail.com

Great Lakes Recovery Centers
Behavioral Health Services

NEWSLETTER

Community Services
Monthly Newsletter
March 2026

Spring Forward in Recovery

Investing in Our Future: Thank You to Copper Shores Community Health Foundation





For several years, Great Lakes Recovery Centers, Inc. has been fortunate to partner with Copper Shores Community Health Foundation to strengthen the infrastructure at our Teal Lake Campus. Through this generous grant, Copper Shores has supported a series of critical improvements that help ensure our facilities remain safe, functional, and welcoming for the individuals and families who come to us seeking recovery. These investments may happen behind the scenes, but they play an essential role in our ability to deliver high-quality behavioral health and substance use treatment services.

One of the most visible outcomes of this support has been the construction of a large storage shed at our Teal Lake Campus. This new structure allows our team to safely store maintenance equipment, seasonal supplies, and operational materials that are necessary to keep our programs running smoothly throughout the year. In the Upper Peninsula, where weather and logistics can create unique challenges, having reliable storage space greatly improves our ability to maintain our campus and respond to day-to-day operational needs.
In addition to the storage facility, the grant has supported important infrastructure improvements that help maintain the campus environment where clients focus on healing and recovery. Maintaining safe, well-organized, and functional facilities is a critical part of creating a supportive treatment setting.

2026 marks the final year of this grant, and we want to express our deep gratitude to Copper Shores Community Health Foundation for their continued partnership and investment in our mission. Their support has helped strengthen the foundation—literally and figuratively—of the services we provide to communities across the Upper Peninsula.
Partnerships like this demonstrate the power of community collaboration. By investing in the infrastructure that supports treatment and recovery services, Copper Shores helps ensure that individuals seeking help have access to a stable, well-maintained environment where recovery can begin.

On behalf of our staff, clients, and the communities we serve, we extend our sincere thanks to Copper Shores Community Health Foundation for their commitment to improving health and well-being across our region.

Women Leading Recovery: A Conversation with Jessica Murawski



In honor of Women's History Month, Great Lakes Recovery Centers, Inc. is proud to highlight the leadership and dedication of women who help guide individuals and families on their path to recovery. This month, we sat down with our Clinical Director, Jessica Murawski, to learn more about her journey into the behavioral health field, her perspective on the evolving landscape of treatment, and the meaningful role women play in shaping recovery every day.

What first inspired you to pursue a career in behavioral health and addiction treatment?

I always knew I wanted to do something that helped people, not always sure in what capacity, but I knew the social work field felt right and would help put me in a position to connect with people in a way that felt meaningful to me. Quite honestly, working in the substance use disorder field was really organic; Doing my internship at Women's New Hope exposed me to how incredible recovery was, and being able to work alongside those who were trying so hard to improve their own lives was pretty badass, inspiring, and I knew I wanted to be a part of that.

As Clinical Director at Great Lakes Recovery Centers, what does your role involve, and what do you find most rewarding about the work?

My role involves overseeing the clinical product of our programs, providing clinical supervision, and helping to align a common vision and goal for how we are helping to treat our clients. I find so many things rewarding about the work, which is why I know I'll be a lifer here, and it continues to change and evolve. I know at first I really loved being able to witness our client's self-worth and hope start to improve while they were with us; there is something so special about seeing someone believe in themselves again. Since I don't get as many opportunities to work with clients directly, I'm so honored and rewarded by seeing how tirelessly our staff show up for our clients. The work can be really thankless, tiresome, and frustrating, and I'm so proud of how our clinicians show up for the important, life and death work for this population. Any barrier I can help remove for staff or question I can answer to clear the way for them to do what I know they can do is what helps put fuel in my tank.

Behavioral health is a field where many women provide care and leadership. How have you seen women shape the recovery field during your career?

I think working with women has been so fun and impactful for the field, and I love seeing how the community of women in treatment parallels the recovery field in my experience; it is communal, collaborative, and supportive. I love watching how the field is continuing to evolve, recognizing that recovery looks different for everyone and small wins can (and should!) be celebrated, and I love how we continue to show up for one another. This is

present with men and in the men's community as well, but just from what I've seen, it appears to have made it more accessible to be more vulnerable and transparent in those spaces.

What advice would you give to young women who are interested in working in behavioral health or addiction treatment?

I feel ultimately humbled to try and give anyone advice, but I guess if I were talking to younger Jess, I'd like to give her a nudge to trust your gut and give yourself permission to be a part of the change that she sees that is needed. I've had a few really great leaders that helped foster that with me that I'm really grateful for (shout out Greg and Shawn!), but per usual, I wish I had leaned into that sooner; that if you see something and are confident in what may improve something, don't wait for someone else to do it. If it is important enough, you are strong and competent enough to do it yourself. Also, making mistakes and being wrong (gasp!) is a part of it, and it is okay and shows that you're doing something new and unfamiliar. Not only does it help you grow but gives others permission to be themselves and make mistakes too.

What does recovery mean to you personally?

This is my favorite question because it gives me a shameless opportunity to give it right back to the people and our clients that are doing the work; recovery to me means whatever it means for the person that is working towards it. It is an entirely individualized process that I'm here to celebrate and assist in any way that I can, especially if it looks different and unique. It's not a one-size-fits-all or a goal that we all have to meet; we get to choose what it looks like, what fits for us, and how we will get there.

Thank you, Jessica, for taking the time to talk to us.

Needs. We have learned there is a distinguishable difference between wants and needs.



At Great Lakes Recovery Centers, there is no shortage of things we want, from new equipment to enhanced services and so much more.

To get there, we need the philanthropic support of the community to help us meet our needs and ensure we continue to provide the best available services to the people who mean the most to us – our valued clients.

GLRC is proud to offer a myriad of substance abuse and mental health services and programming across all 15 Upper Peninsula counties. In 2025, GLRC impacted the lives of more than 3,000 individuals through its diverse services. We take great pride in what we do.

Like many other non-profits, fundraising and seeking charitable support is keenly important for GLRC to fulfill its mission “to empower recovery through hope and change.”

Our Essential Truth is that people are our purpose. Love them all.
In a number of conversations, I’ve had over the last several months, I’m often asked how can I help? The answer is quite simple. Consider making a charitable gift to GLRC. It can be directed to the Area of Greatest Need; to our Compassionate Care Fund, which provides invaluable funding for those who are uninsured or underinsured; to purchase much-needed equipment at our sites across the region; or to help cover expenses for invaluable Personal Care Packages that are provided to all of our incoming clients.

In a time of reduced federal and state funding resources, charitable giving provides a wonderful source of revenue to enable our agency to address critical needs.
I’m always open to talking with donors about their wishes. If you have a specific project or service you’d be interested in helping fund, simply contact me and I will guide you through the process of making a charitable gift. I can be reached via email at jlajoie@glrc.org or by phone at 9906-362-1318.

To make a charitable gift, simply visit https://secure.qgiv.com/for/glrcfoundation/ (Click on button below) or mail a check or money order to:
Great Lakes Recovery Centers
Attn: GLRC Foundation
100 Malton Road
Negaunee, MI 49866.

Thank you so much for believing and investing in Great Lakes Recovery Centers!

Donate Here

Accessing GLRC Services

GLRC services can be accessed by calling the GLRC Access Center. Trained staff can talk with you to help you determine the level of care that best meets your needs. They can work with you to verify your insurance and answer any questions you may have. Call them today at:

(906) 228-9696

Partner Organizations

Great Lakes Recovery Centers, Inc. is a non-profit, non-denominational, 501 (c)(3) organization. GLRC is licensed as a substance use disorder treatment facility by the State of Michigan and is accredited by CARF (Commission on Accreditation of Rehabilitation Facilities) and is HIPAA (Health Insurance Portability and Accountability Act) compliant. GLRC actively protects the confidentiality and privacy of clients. GLRC recovery residences are certified by MARR (Michigan Association of Recovery Residences, Inc.) and NARR (National Alliance for Recovery Residences). Funding comes from a variety of sources, including fees for service, grants, and donations. GLRC is a partner agency with the United Way of Marquette County and the United Way of the EUP.

United Way
United Way of Marquette County

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Great Lakes Recovery Centers, Inc. is a 501(c)(3) nonprofit organization that provides behavioral health services across the Upper Peninsula of Michigan. For more information about our services, please visit our website.

Great Lakes Recovery Centers

The availability of clinicians and services are different at each location, please call (906) 228-9696 for services that work for you!

Connect with us

Visit Our Website

Great Lakes Recovery Centers, Inc. | Administration, 100 Malton Road | Negaunee, MI 49866 US

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