

Foundations of Trauma Informed Care Training Series

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Webinar Series Description:

This online training series offers workshops designed to be interactive with opportunities to reflect, apply skills, and dive deeper over a short span of time. You will learn with a cohort throughout the duration of the training series, providing an opportunity to grow your skills and build a community of practice around creating more trauma informed spaces and practices.

This training series includes:

- Module 1: Understanding Trauma, Stress, and Trauma Informed Care
- Module 2: The NEAR Science of Trauma Informed Care
- Module 3: Applications of Trauma Informed Care
- Module 4: Building a Culture of Wellness

Trauma informed approaches can be used by everyone including leadership, teams, people accessing services, direct supporters, allies, family members, administrators, behavior professionals, human resource teams, educators, health professionals, and more. Whatever your role, you are a valuable contributor to creating a trauma informed environment!

Webinar Dates:

- **Session 1:** August 24, 2021 **Session 2:** August 31, 2021
- **Time:** 9:00 am- 11:00 am (each day - 4 credit hours)
- **Instructors:** Kelli Downey (Guest), Aniko Adany



Registration Information:

- Online: <https://thearcoregon.org/events/>
- Phone: (503) 581-2726