

Fall 2019 Manhattan Lower School After-School Activities Program**1. MONDAYS-MLS Sew Happy (2nd-4th Grade)****Mondays:** September 16, 23; October 7, 21, 28; November 4, 11, 18, 25**Fee: \$360/Location:** MLS**Pick-up @ MLS Lobby:** 4:30 p.m.**Minimum: 8 Maximum: 12**

Join Sew Happy and learn the life skill of sewing while working on an emoji pillow. This club teaches the basic techniques of sewing (like threading a needle and tying a knot) and progresses from there. Not only is sewing great for hand/eye coordination, fine motor skills, focus and concentration, it also gives kids a lifetime vehicle for personal and creative expression! All Sew Happy projects are designed in-house, made in the USA and use felt made from recycled water bottles.

2. TUESDAYS-MLS Gaga Ball (2nd-4th Grade)**Tuesdays:** September 17, 24; October 8, 15, 22, 29; November 12, 19, 26**Fee: \$342/Location:** The Gaga Center- 230 E. 93rd Street, New York, NY 10128**Pick-up @ MLS Lobby:** 4:30 p.m.**Minimum: 8 Maximum: 12**

Students will walk down the block to The Gaga Center, where they will engage in a kinder, gentler version of dodgeball. This fast-paced, high-energy game is played in an octagonal pit and combines the skills of dodging, striking, running and jumping, while trying to hit opponents below the knees with a soft foam ball.

3. TUESDAYS-MLS Sports & Games (1st, 2nd & 3rd Grade ONLY)**Tuesdays:** September 17, 24; October 8, 15, 22, 29; November 12, 19, 26**Fee: None/Location:** MLS**Pick-up @ MLS Lobby:** 4:30 p.m.**Minimum: 8 Maximum: 24**

Students will learn and play a host of games and activities taught by our Physical Education Department. Each activity has been designed to encourage cooperation, sportsmanship, resilience, safety, and fair play, to ensure a fun and positive experience.

4. WEDNESDAYS-MLS Arts & Crafts (1st-4th Grade)**Wednesdays:** September 18, 25; October 2, 16, 23, 30; November 6, 13, 20**Fee: None/Location:** MLS**Pick-up @ MLS Lobby:** 4:30 p.m.**Minimum: 8 Maximum: 12**

Arts & Crafts will be taught by one of the highly trained teachers from within our own Art Department. Students will embark on a new artistic adventure, using different mediums to complete creative projects to bring home to display.

5. THURSDAYS-MLS Sports & Games (4th Grade ONLY)**Thursdays:** September 19, 26; October 3, 10, 17, 24, 31; November 7, 14, 21**Fee: None/Location:** MLS**Pick-up @ MLS Lobby:** 4:30 p.m.**Minimum: 8 Maximum: 12**

Students will learn and play a host of games and activities taught by our Physical Education Department. Each activity has been designed to encourage cooperation, sportsmanship, resilience, safety, and fair play, to ensure a fun and positive experience.

6. FRIDAYS-MLS Gaga Ball (2nd-4th Grade)**Fridays:** September 27; October 4, 11, 18, 25; November 1, 8, 15, 22**Fee: \$342/Location:** The Gaga Center- 230 E. 93rd Street, New York, NY 10128**Both days (Tuesday and Friday): \$684****Pick-up @ MLS Lobby: 3:15 p.m.****Minimum: 8 Maximum: 12**

Students will walk down the block to The Gaga Center, where they will engage in a kinder, gentler version of dodgeball. This fast-paced, high-energy game is played in an octagonal pit and combines the skills of dodging, striking, running and jumping, while trying to hit opponents below the knees with a soft foam ball.

7. FRIDAYS-MLS Tennis (2nd-4th Grade)**Fridays:** September 27; October 4, 11, 18, 25; November 1, 8, 15, 22**Fee: \$575/Location:** Sportime Randall's Island – 1 Randall's Island, New York, NY 10035**Pick-up @ MLS Lobby: 3:30 p.m.****Minimum: 8 Maximum: 20**

Students will travel by bus along with Windward teachers to Sportime at Randall's Island to receive high-quality coaching and instruction from trained tennis professionals. While at Sportime, students will be divided into groups and receive a one-hour tennis lesson and return to the Windward School for a 3:30 p.m. pick-up.