

# Bone Broth & Peanut Butter Frozen Dog Treat Recipe

Courtesy of <https://www.wiggleworthy.com/>

A combination of powerhouse ingredients make this bone broth and peanut butter frozen dog treat recipe as nutritious as it is delicious.

Bone broth is an original super-food, loaded with essential vitamins, minerals, amino acids and much more. It boosts immune and digestive functions and contains joint-healthy compounds.

Peanut butter is a great source of protein and fiber, as well as vitamins, minerals and beneficial plant-based compounds.

The third ingredient, parsley, is also a nutrition superstar, loaded with vitamins, minerals and antioxidants.

The icing on the cake (figuratively, not literally) is that this recipe is super easy and quick to make. All you need are three ingredients, some treat/candy molds (or ice cube trays/molds) and a freezer and you're good to go.

My dogs adore these treats, and they have play value which keeps your dog amused for longer than it takes for him to crunch up your average treat. But they're definitely messier than playing with regular ice cubes. If you don't want your kitchen floor (or worse, carpet) covered in sticky peanut butter I recommend giving these as outdoor treats! They're perfect for hot summer days.

## Ingredients List

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- 1 cup bone broth (I used chicken)
- 1 cup creamy peanut butter
- 1/4 cup fresh parsley, chopped

**Yield:** This recipe makes one dozen large pawprint dog treats (each mold being approx. 2" across). Using smaller molds will obviously yield more treats, and freeze faster.

**Warning: Remember to double check that your peanut butter does NOT contain Xylitol.** This sweetener is toxic to dogs. Peanut butter doesn't need to contain anything other than peanuts!

## Instructions

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- Put peanut butter and parsley into small bowl and mix well
- Place silicon molds/ice cube trays onto a baking tray for stability
- Half-fill silicone each mold with bone broth
- Put molds into your freezer and leave for two hours
- Once frozen, remove molds from freezer (keep on the baking tray)
- Spoon peanut butter and parsley mixture into each mold to fill
- Put the whole thing back in the freezer for at least four hours to allow treats to become completely frozen