

Household Celebration of Good Friday

Catechesis

The primary liturgy we celebrate on Good Friday is the Celebration of the Lord's Passion. At this liturgy the Church celebrates Christ's victory over death on the cross. We remember Christ's passion and death on the cross; we venerate the cross; and we intercede for the salvation of the world. In accord with ancient tradition we do not celebrate the Eucharist. Holy Communion is normally distributed from the bread consecrated at the Mass on Holy Thursday. This liturgy begins in silence with the priest prostrating himself before the altar. It is followed by the Liturgy of the Word which includes a reading from the passion according to John. Then the General Intercessions are prayed for the Church, the Pope, Clergy and Laity, those preparing for baptism, the unity of Christians, Jewish people, those who do not believe in Christ, those who do not believe in God, all in public office, and those in special need. This year a new petition is added for the current pandemic. This is followed by the Veneration of the Cross and the distribution of Holy Communion.

Ideas for sacrifices that a family can make on Good Friday

- **Good Friday is a day of Fasting and Abstinence**
[Fr. Mike Schmitz reflects on Fasting & Abstinence](#)
- **Give up mobile devices for 24 hours**
- **Check on a neighbor (from a distance)**
- [Pray the Divine Mercy Chaplet at 3:00pm](#)
- **Reflect on the Passion as a Family**
Spend time together as a family and watch a movie about Jesus' life.
[Animated Life of Christ](#)
[Mary of Nazareth](#)

Reflection Questions for Palm Sunday [Read the Gospel of John 18:1-19 & 42](#)

Discuss how today's Gospel reflects in your life today.

- What suffering has your family endured?
- How did you get through the time of suffering?
- Who do you know is suffering today?
- What can you do when you see someone in pain?

