The health of University of Maryland, Baltimore (UMB) students, faculty, and staff is our top priority as we navigate the novel coronavirus (COVID-19) outbreak, so the University recommends implementing these social distancing guidelines to minimize the possible spread of the disease among our community.

1. Avoid meeting people face-to-face. Employees are encouraged to use the telephone, online conferencing, email, or instant messaging to conduct business as much as possible, even when employees are in the same building.

2. If a face-to-face meeting is unavoidable, minimize the meeting time, choose a large meeting room and sit at least 6 feet from one another if possible; avoid person-to-person contact such as shaking hands.

3. Avoid any unnecessary travel and cancel or postpone nonessential meetings, gatherings, workshops, and training sessions.

4. Do not congregate in workrooms, copier rooms, or other areas where people socialize.

5. If you choose, bring lunch and eat at your desk or away from others (avoid lunchrooms and crowded restaurants).

6. Encourage faculty staff or students to request information via phone and email in order to minimize person-to-person contact.

See more social distancing guidelines and other information at umaryland.edu/coronavirus