



4TH ANNUAL

# CAREGIVER

## EXPO

In recognition of National Family Caregivers Month, we invite you to join us for a **FREE** educational event for those providing care to older adults in Hanover County.



### PRESENTATIONS BY:



**SYNERGY HOME CARE- FALL PREVENTION & SAFE TRANSFERS**

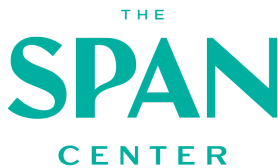


**VETERANS COMMUNITY NETWORK OF CENTRAL VIRGINIA- VETERANS BENEFITS & CAREGIVER SUPPORT**



**THE SPAN CENTER- FUELING THE CAREGIVER JOURNEY: NUTRITION & HYDRATION FOR TWO**

Sponsored by:



# MONDAY NOVEMBER 17TH

## 9 AM-12:30 PM

### First Baptist Church of Ashland

800 Thompson Street  
Ashland, VA 23005

CONTACT HANOVER DEPARTMENT OF COMMUNITY RESOURCES AT 804-365-4302 OR VOLUNTEER@HANOVERCOUNTY.GOV FOR MORE INFORMATION