



¿Verías los signos de uso de sustancias en tu hogar?

Oculto a plena vista

La iniciativa Hidden in Plain Sight ayuda a los padres y tutores a detectar signos de posible uso de sustancias, utilizando una demostración interactiva de la habitación de un adolescente. Esta exhibición educa y capacita a los participantes para comunicarse con sus hijos sobre comportamientos y expectativas de riesgo. Una relación sólida entre padres/tutores y los adolescentes es una de las herramientas más efectivas para prevenir el uso de sustancias entre los jóvenes.

Una Feria de Recursos Comunitarios acompañará cada evento

Lunes 3 de abril

7-8:30 p.m.

Educational Service Center

15510 1st Ave NE
Duvall

Siga el código QR para registrarse



Lunes 4 de abril

7-8:30 p.m.

Mount Si High School

8651 Meadowbrook Way SE
Snoqualmie

Siga el código QR para registrarse



Este es un evento comunitario GRATUITO. Solo adultos, no estudiantes por favor.
Para información adicional visite www.empoweryouthnetwork.org.

10 AM PT | 11 AM MT | 12 PM CT | 1 PM ET 1 Hour Webinar Event Click for The Perfect Teen Registration • Hidden in Plain Sight (Riverview School District) April 3 from 7:00 – 8:30 PM at Education Service Center in Duvall The Hidden in Plain Sight experience helps parents/guardians spot signs of at-risk behaviors, using an interactive display of a teenager's bedroom. After walking through the display, participants will learn more about adolescent development, risk and protective factors, and common signs of substance use provided by community prevention professionals. This exhibit is designed to educate and empower parents/guardians to communicate with their children about at-risk behaviors, expectations and more. o Riverview Registration Hidden in Plain Sight (Riverview School District) Tickets, Mon, Apr 3, 2023 at 7:00 PM | Eventbrite o Spanish Language Oculito a plena vista (Riverview School District) Boletos, Lun, 04/03/2023 a las 7:00 PM | Eventbrite

- Charlie Health is a personalized intensive mental healthcare online platform using an Intensive Outpatient Program (IOP) that combines supported groups, family therapy, and individual therapy into a series of personalized sessions multiple times per week. Recently Charlie Health has added Free Public Support Groups – most recently they expanded their Monday evening Parent Support Group to include a specific space for parents of Neurodivergent Adolescents and Young Adults. Folks do not need to be enrolled at Charlie Health to attend these support groups, they're happy to provide the space for connection, and healing! Please use the links to check out their flyers. All groups run on Mondays at 6p.m. MT/5p.m. PST:

[Free Parent Support Groups](#)

[Neurodivergent-Affirming Care](#)

[Open Community Support Groups](#)

- Check out these amazing stickers for helping calm anxiety and relieve stress! Calm Strips can help with fidgeting, BFRB (body-focused repetitive behavior), ADHD, ASD, and are for children ages 6 and up.

<https://calmstrips.com/>