

RESERVE YOUR SPACE NOW IN

Veterans Chronicle

THE SPOKESMAN-REVIEW

**MONTHLY PUBLICATION
THE THIRD FRIDAY
OF EACH MONTH**

Reach over 229,881 adults* every month in our Veterans Chronicle publication. One out of every four adults have served in our country's military, two out of every four adults have a friend or family member who have served our country.

Source: Nelson-Scarborough R1 2019

Hey Veterans DID YOU KNOW?

THE VA DOES NOT PAY FOR VETERAN FUNERALS OR CREMATIONS?
The only thing that is free of charge is burial or cremation at a state or national veterans cemetery (openers are \$50). Veterans who do not pay for funeral services, for those veterans who do qualify for VA death benefits, there is a partial reimbursement of actual costs in most cases. For more information, contact Keith Richardson at keith818@yahoo.com or call (509) 714-7442.

ARE YOU A VETERAN IN CRISIS OR CONCERNED ABOUT ONE?
If you or someone you know are experiencing thoughts of suicide, please reach out for help immediately. The Veterans and Military Crisis Line is a confidential resource with support 24/7 to connect those in crisis with qualified, caring responders. Many responders are veterans themselves and have faced the challenges experienced by many service members. The Veterans and Military Crisis Line, text-messaging service, and online chat provide free VA support for service members, including National Guard and Reserve, veterans and family members. VA registration or enrollment is not required. CALL 1-800-273-8255 and press 1. ONLINE www.veteranscrisisline.net/get-help/chat TEXT 838255

Need crisis assistance while overseas? The following overseas locations have direct crisis line numbers:
In Europe: Call 08000 1273 8255 or DSN 118
In Spain: Call 0035 55 118 or DSN 118
In Afghanistan: Call 03 800-273-8255 or DSN 111
You can also chat online at www.veteranscrisisline.net/get-help/military-crisis-line.

TYPE II DIABETES MAY QUALIFY VETERANS FOR VA BENEFITS?
Type II diabetes (Type II), you are automatically eligible for some VA health care benefits and a monthly disability check. Due to increased exposure to Agent Orange in Vietnam, there are currently 14 listed diseases that automatically qualify to diabetes are also covered. Conditions secondary chronic kidney failure and heart disease. Contact your Veterans Service Office (VSO) for more information or for assistance in filing a claim. This is a free service and you do not need to belong to a specific organization to receive help.

THE POST-9/11 GI BILL CAN PAY FOR YOUR EDUCATION?
Approved training includes graduate and undergraduate degrees, vocational or technical training, on-the-job training, flight training and much more. All training must be approved for GI Bill benefits. To learn more, contact your Veterans Service Office. In North Idaho, contact Department of Labor Veteran Services, Washington, contact Workforce Spokane at (509) 512-3101.

A MESOTHELIOMA DIAGNOSIS MAY QUALIFY FOR VA MEDICAL CARE AND DISABILITY?
Over 3,000 patients are diagnosed with mesothelioma each year, and nearly one-third of those patients are veterans. Mesothelioma is a malignant tumor caused by the inhalation of asbestos fibers; many military jobs have resulted in asbestos exposure. More information found www.mesothelioma.va.gov/veterans. An honorably discharged veteran with mesothelioma may be eligible for VA medical care and disability compensation, if they meet the following criteria:
1. A current diagnosis of an asbestos-related illness recognized by the VA.
2. Proof the service member worked with or was exposed to asbestos during service.
3. A "nexus letter" from a doctor proving the diagnosis is a result of asbestos exposure.
To file a VA claim, a veteran can:
1. Apply online through eBenefits at www.ebenefits.va.gov.
2. Contact a qualified attorney, Veterans Service Organization, or claims agent for help at www.va.gov/vetapp/ajpa/accreditation.
3. Visit a VA regional office (www.benefits.va.gov/benefits/locations.asp).

See "How Can I Get Help?" To get started.

Birth Defects Research for Children, Inc.
"It is so compelling to look at the data. I must have come back at it 20 years" said Betty Makela, Executive Director of Birth Defects Research for Children, Inc. "The data shows that the rate of children with birth defects is higher than those in children of non-veterans. We have had a lot of indications that our veterans are having some effect from the toxins being exposed, instead of disorders, female cancer, birth defects. Mr. Makela explained, "We know that there are chemicals that are found in Agent Orange that are not chemicals that are found in Agent Orange exposed Navy veteran Lonnie Kilpatrick's kids. He was exposed in Guam. "I had never issues my whole life," Lonnie's daughter Kristi and her daughter Emma suffer from brain malformations just in Agent Orange. By age 9, Emma had to have brain surgery. "You've got a lot of the veterans dying but the children and the grandchildren are growing up and we're talking about passing it to the next generation," Mr. Makela stated. Following his report last year during testimony about the children's health issues, Rep. Denton (R-Idaho) said, "It's very concerning, it's very much like what we're seeing here, this because you don't like when we're finding, you can't find it, says it's going to go away if you just look the other way."

Benefits of veteran-owned business certification
Washington State has a certification for veterans and service members who are business owners. discharge status and business intention to expand.
WHY CERTIFY YOUR VETERAN-OR SERVICE MEMBER-OWNED BUSINESS?
Washington State agencies have been asked by Governor Insley to do 5% of their purchasing from veteran- or service member-owned businesses. By joining the WVA's Certified Business or service member-owned business list in WBS, state agencies can identify WVA Certified Businesses and track purchasing goals.
It will also help private businesses and citizens across the state with real access to new business information through the list of veteran- or service member-owned businesses in direct communication.
Veteran- or service member-owned businesses are eligible in WBS and certified by WVA will be listed on our business search app.
Plus, certification makes you eligible to apply for the Veterans Capital Access Program, which can improve rates on small business loans by 2%.
And certified veteran-owned businesses can also display a unique flag next logo for the public.
WHERE DO I START?
Washington Department of Veterans Affairs (WVA) and Washington Economic Business Services (EBS) have assembled the information and certification process for vendors who want to do business with Washington State agencies or state agencies.
Visit www.wa-cv.com to get your own business in WBS.
To receive veteran- or service member-owned business certification, you must provide:
Proof of honorable veteran status with VA ID Card, Retirement Certificate, Discharge Certificate, or (if currently serving) your military ID badge, current records to start your military ID badge, Proof of 24% ownership with one of the following: Minutes, Business application, business plan, operating agreement, meeting minutes, share register, stock certificate, buyback plan, tax forms with ownership



	Ad Size	1x Pricing	3x Pricing 15% Discount	6x Pricing 22% Discount	12x Pricing 32% Discount
Premium Positions					
Inside Front	9.875"x9.50"	\$2,275.40	\$1,934.90	\$1,774.81	\$1,547.27
Inside Back	9.875"x9.50"	\$2,275.40	\$1,934.90	\$1,774.81	\$1,547.27
Back Page	9.875"x9.50"	\$2,275.40	\$1,934.90	\$1,774.81	\$1,547.27
Center Bookends	3.225"x9.50" (2)	\$1,516.96	\$1,289.42	\$1,183.23	\$1,031.53

	Ad Size	1x Pricing	3x Pricing 15% Discount	6x Pricing 22% Discount	12x Pricing 32% Discount
Standard Positions					
Full Page	9.875"x9.50"	\$1,838.00	\$1,562.30	\$1,433.64	\$1,249.84
Half Page Vertical	4.875"x9.5"	\$1,028.70	\$874.40	\$802.39	\$699.52
Half Page Horizontal	9.875"x4.75"	\$1,028.70	\$874.40	\$802.39	\$699.52
Quarter Page	4.875"x4.75"	\$579.76	\$492.80	\$452.21	\$394.24
Eight Page – Charity Only	4.875"x2.25"				\$193.24

Submitting Files: • All ads must be CMYK • Minimum 200 DPI • Submitted as a Flattened PDF

MONTHLY PUBLICATION DATES

Publication Dates	Ad Reservations	Completed Ads
February 21	Mon., Feb. 3	Fri., Feb. 7
March 20	Mon., Mar. 2	Fri., Mar. 6
April 17	Mon., Mar. 30	Fri., Apr. 3
May 15	Mon., Apr. 27	Fri., May 1
June 19	Mon., June 1	Fri., June 5
July 17	Mon., June 29	Fri., July 3
August 21	Mon., Aug. 3	Fri., Aug. 7
September 18	Mon., Aug. 31	Fri., Sept. 4
October 16	Mon., Sept. 28	Fri., Oct. 2
November 20	Mon., Nov. 2	Fri., Nov. 6
December 18	Mon., Nov. 30	Fri., Dec. 4

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CONTACT YOUR MULTIMEDIA SALES EXECUTIVE TODAY!
 ADVERTISING@SPOKESMAN.COM OR 509-459-5095