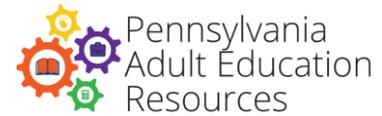


Trauma-Informed Instructional Practices for Adult Educators



3 hours Professional Development Credit/Act 48

Facilitator

Sara Cole
Professional Learning Opportunities
scole@tiu11.org

Dates

This course is available on demand. Participants will have 45 days from their enrollment to complete all activities and assignments.

For technology questions, email:

pdportal@tiu11.org

Overview

This course offers participants a general overview of the topic of trauma in the adult education classroom. The course is appropriate for program administrators and coordinators, instructors, student support coordinators, tutor coordinators, or any student-facing staff interested in deepening their understanding of trauma-informed practice and incorporating it more intentionally into their programs and classrooms. Participants will learn about the importance of trauma-informed instruction, how trauma-informed instruction supports standards-aligned instruction and skill gains, and how it relates to equity in programs. This course also offers examples of trauma-informed practice in action as well as best practices and approaches participants can immediately implement in their programs.

Format

This is an online, on-demand activity that is located in the PA Adult Education Resources PD Portal (<https://pdportal.paadultedresources.org>). Participants will assess their initial comfort level around trauma in the classroom, then complete a learning module. After completing the module, participants will rate their comfort level around trauma-informed practices again, before completing a final assignment where they will choose two trauma-informed best practices they would like to implement in their professional context. A facilitator is available to answer questions. The facilitator will provide feedback on completed assignments within three to five business days.

Adult Education Teacher Competencies

This course supports the development of the following [Adult Education Teacher Competencies](#):

- 2.1. Designs learner-centered instruction and classroom environments.
- 2.2. Designs standards-based instructional units and lesson plans.
- 2.3. Uses instructional techniques that are effective with adult learners.
- 2.5. Designs instruction to build learners' higher-order thinking, communication, and problem-solving skills.
- 3.1. Communicates high expectations of learners and motivates them to persist to meet their goals.
- 4.3. Refines instructional practices through reflection on experience, evidence, and data.

Assignments

Assignment	Scoring Criteria/Feedback	Due Date
Pre-Module Self-Assessment Before you begin the learning module, rate your knowledge and comfort level around trauma in the classroom.	Activity marked completed by the PD Portal.	Participants must complete all activities within 45 days of enrollment.
Module: Trauma-Informed Instructional Practices for Adult Educators Complete the learning module.	Activity marked completed by the PD Portal.	Participants must complete all activities within 45 days of enrollment.
Post-Module Self-Assessment After you have completed the learning module, rate your knowledge and comfort level around trauma in the classroom.	Activity marked completed by the PD Portal.	Participants must complete all activities within 45 days of enrollment.
Final Assignment: <ul style="list-style-type: none"> Download the summary list and guiding questions. Identify two trauma-informed best practices that you would like to implement and explain your choices. Upload the completed assignment to the PD Portal. 	Your facilitator will grade the assignment and provide feedback.	Participants must complete all activities within 45 days of enrollment.
Course Evaluation: Complete the evaluation activity found at the end of the course in the PD Portal. Please note that you have not completed the course until you complete this step.	n/a	Available after all other activities marked completed
Certificate: You can download a certificate of completion by following the directions listed below under Completion requirements.	n/a	Available after all completion requirements are met

Completion requirements

In order to receive full credit for completion of the activity, participants must:

- Successfully complete all course activities by deadline.
- Complete the course evaluation found at the end of the course in the PD Portal.

After the course ends and all completion requirements are met, participants can download a certificate of completion in the PD Portal by doing the following:

- Click on the **Menu icon** on the top left side of the screen. This icon looks like three horizontal lines.
- Click on **My Activities**.
- Click on **Courses**.
- On the right side of the course, you should see an icon that looks like a certificate.
- Click on this icon to download your certificate.

Accessibility information

The Pennsylvania Professional Development System (PDS) strives to provide equitable access to course materials and activities for all participants. If the format of any materials or activities interferes with your ability to fully participate, please contact AccessibleResources@tiu11.org. Adaptation of methods, materials, or testing may be made as required to provide for equitable participation.