

Aquatic Activities



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Exciting news, starting Monday, November 23rd we have increased our hours. The pool will be open at the following times:

Lap lanes are available during all open hours but reservations are encouraged during the early morning and late afternoon times.

Monday - Friday : 5:45 am – 7:15 pm and 12:00 – 4:00 pm Open swim time from 10:00 am till close.

Saturday: 12:00 pm – 4:00 pm with open swim and lap lanes available. Bring the kids and enjoy the great features our pool offers.

Due to our new Covid 19 Yellow level we will be holding to a strict limit of (50) patrons in each pool area at one time. Please limit your time to 2 hours if the pool is crowded to allow other patrons to use the facility.

Water Fitness Classes

- Water Fitness classes Aqua Aerobics - Mon,Wed,Fri.....8:00 a.m. - 9:00 a.m.
- Splash Aerobics - Mon,Wed,Fri.....11:00 a.m. - 11:45 a.m.
- Express Aerobics - Wed.....5:30 p.m. - 6:30 p.m.
- The Deep - Tue & Thur8:00 a.m - 9:00 a.m.
- Twinges in the Hinges - Tue,Thur,Fri...9:00 a.m - 10:00 a.m.
- Silver Sneakers - Tue.....11:00 a.m. - 11:45 a.m