

Adult Sports

WADE PLOUSSARD
Adult Recreation Coordinator
249-7705 x 8570
wade@montroserec.com



Adult Flag Football: 6 on 6, non-blocking flag football is offered for the 15 & older crowd. Form your own teams; equipment will be supplied by MRD on game days. Sign up individually or as a team. Please list all those playing on your team on the registration form. Players without a team will be placed on a team.

- **Registration Deadline: August 24th**
- Team Fee: \$375 per team
- League Play: September 1- October 29th
- Games: Tuesdays & Thursdays 6:30 - 10:30 at Ute Park

Adult Kickball: Come relive those playground days in the Montrose Kickball League. Coed teams consisting of 10 or more players will play 8 league games and an end of the season tournament. Theme nights include: Superheroes, 80's, 90's, Pink Out, etc. Beer is allowed in the dugouts for those 21+. This league is laid back and open to anyone 15 years and older. Get your friends together for a fun time.

- Monday Night League OR Wednesday Night League (Pick the night your team wants to play)
- Game Days: Mondays OR Wednesdays
- Game Times: 6:30 - 10:30 pm
- Dates: August 24 - October 14
- Team Fee: \$300 per team
- **Registration Deadline: August 17th**

Adult Volleyball: Volleyball leagues are offered for six person teams in women's & coed play. Each team will play an 8 game league schedule and a season ending single elimination tournament. Ages 15 and older.

- Team Fee: \$200
- League Play: September - October
- Monday - Women's Leisure 6 v 6
- Tuesday - Coed Leisure 6 v 6
- Wednesday - Women's Comp. 4 v 4
- Thursday - Coed Comp. 4 v 4
- Times: 6:30 - 9:30 p.m.
- Location: Montrose Community Recreation Center
- **Registration Deadline: September 1st**