

**Kettlewood Retreats Rev. Holly W. Whitcomb, Director**

<http://www.kettlewoodretreats.com>



Friday, December 13, 2019

9:30 A.M. – 3:00 P.M.

Bread for the Advent Journey: Nourishing Ourselves, Nourishing Others  
*An Advent Retreat*

Jesus says, “I am the bread of life.” Poet Mary Oliver writes, “Eat bread and understand comfort.” In this Advent retreat we will ask: How is Jesus our bread? What does genuine nourishment look like? How do we give and receive comfort? Come join us as we explore the powerful metaphor of bread and thoughtfully prepare for a spiritually satisfying Advent. (Deadline for registering is December 7.)

Our retreat leader: Rev. Holly Whitcomb, Director of Kettlewood Retreats, is a widely traveled speaker and spiritual director. She is the author of five books including her most recent in 2019: *The Practice of Finding*.

***Kettlewood Retreats invites you to this Advent retreat at Cedar Valley. Come join us in the countryside of the Kettle Moraine on 100 spectacular acres near West Bend. The noon meal is included.***

***To register for this retreat, please write a check for \$50.00 to Rev. Holly Whitcomb and send it to: 2095 Elm Tree Ct., Elm Grove, WI 53122. Include your name, address, e-mail, and phone number(s). Upon receipt of your registration, you will receive a map. For more information, call (262) 784-5593.***