

May 16, 2018

CITIZEN ADVOCATES GEARS UP FOR SUMMER FOOD SERVICE PROGRAM

Healthy breakfast, lunches available for eligible youth at 12 locations

MALONE, N.Y. – Healthy breakfast and lunches are once again available this summer through the Citizen Advocates Summer Food Service Program.

Eligible youth will receive breakfast and lunch at multiple locations in northern Franklin County starting June 25. Last year, the Summer Food Service Program served roughly 18,850 meals at recreation parks, schools and community gathering spaces in Brushton-Moira, Chateaugay, Constable, Malone and Owls Head. This summer, St. Regis Falls joins the list of locations offering lunch.

Funded by the USDA and administered through the New York State Education Department, Citizen Advocates sponsors the Summer Food Service Program locally. Children 18 years of age or younger are eligible for the program through approved sponsors that meet federal nutrition guidelines. As a sponsor of the program, Citizen Advocates is reimbursed based on costs associated with the number of meals served. All meals are provided free of charge.

The eight-week program runs locally from June 25 to Aug. 17, with dates of operation varying between sites. Each weekday, an experienced group of workers prepare, package and distribute 475 meals to approved sites in northern Franklin County. Menus are subject to change, but generally include milk, juice, fruit, cereal or muffin for breakfast, and sandwiches, wraps, juice, milk, chips, vegetables or fruit for lunch.

This year's meal sites are as follows:

Brushton-Moira Central School

July 2 to Aug. 10

Breakfast from 7:30 to 8 a.m.

Lunch from noon to 12:30 p.m.

Brushton-Moira Rec Park

July 9 to Aug. 17

Breakfast from 9 to 10:30 a.m.

Lunch from 11 a.m. to 12:30 p.m.

Chateaugay Central School

July 9 to Aug. 17

Breakfast from 8 to 8:30 a.m.

Lunch from 11 a.m. to noon

Chateaugay Rec Park

June 25 to Aug. 17

Lunch from 11 a.m. to noon

Constable Rec Park

July 2 to Aug. 17

Lunch from 11 a.m. to noon

Families 'R' Us

Cedar Commons Plaza, Malone

June 25 to Aug. 17

Breakfast from 8 to 8:30 a.m.

Lunch from 11 a.m. to noon

First Methodist Church

West Bangor

Aug. 6 to Aug. 10

Breakfast from 8 to 9 a.m.

Lunch from 11 a.m. to noon

Malone Rec Park

June 25 to Aug. 3

Lunch from 11:30 a.m. to 12:30 p.m.

Malone Rec Park Arena

State Street, Malone

June 25 to Aug. 17

Breakfast from 8 to 9 a.m.

Lunch from noon to 1 p.m.

Owls Head Methodist Church

June 25 to Aug. 17

Lunch from 11:30 a.m. to 12:30 p.m.

Pine Ridge Park

Westville

July 2 to Aug. 17

Lunch from 11 a.m. to noon

St. Regis Falls Rec Park

June 25 to Aug. 17

Lunch from noon to 1 p.m.

ABOUT CITIZEN ADVOCATES

Originally founded in 1975, Citizen Advocates, Inc. served as a work program for individuals with a need for developmental and behavioral health support. At the time, the organization had 12 employees serving 50 individuals. Today, Citizen Advocates, Inc. employs 750 health professionals and support staff who provide a broad range of services with compassion and skill to 6,500 individuals on an annual basis. With administrative offices in Malone, Citizen Advocates provides developmental disability, mental health and substance abuse prevention, treatment and recovery services throughout Franklin, Clinton, Essex, Hamilton and St. Lawrence counties.

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