

---

HEALTH DEPARTMENT  
NEWS RELEASE



**FOR IMMEDIATE RELEASE**

March 26, 2020

**CONTACT:** Joel Roon | [joel.roon@kentcountymi.gov](mailto:joel.roon@kentcountymi.gov) | 616.292.3280

**Health Department Director Dr. Adam London Issues Additional Public Health Recommendations**

*Strict compliance with this guidance is critical in preventing the spread of COVID-19 in places frequented by employees and residents*

**GRAND RAPIDS, MI (March 26, 2020)** – Kent County Health Department Director, Dr. Adam London, has issued recommendations for Kent County residents and businesses identified as critical service providers by the state of Michigan. These recommendations are designed to ensure that critical infrastructure workers are able to carry out normal operations while keeping themselves and the community safe:

- People with fever of 100.4 degrees F or greater and coughing unrelated to a chronic lung condition need to stay home until they are free of fever – without the aid of a fever-suppressant – for at least 72 hours and at least 7 days have passed since the symptoms began.
- Employers providing critical services exempt from the Governor’s Executive Order should take reasonable measures to space patrons and employees at least 6 feet apart, disinfect common touch points, and require ill employees to stay home.
- Persons knowingly exposed with close contact to an individual positively diagnosed with COVID-19 shall quarantine themselves at home for a period of 14 days since the date of last contact with the ill person.
- People should avoid public playground equipment and other physical features that promote common touch point experiences. We strongly recommend that owners and operators of public playground equipment place signs or other notices discouraging use of the equipment. If possible, we recommend closing public access to such equipment.

Nothing in these recommendations are meant to limit the operations of first responders and healthcare institutions, which may be mitigating risk in other ways while providing the most essential of services.

While this guidance does not fall under the umbrella of a public health order, the Kent County Health Department is asking all Kent County individuals and businesses identified as critical service providers to comply. It is imperative that individuals and critical service businesses understand that their compliance, or non-compliance, with the above recommendations will have a direct impact on the community spread of the COVID-19 virus.

###

KCHD has been in the business of providing health services to Kent County since 1931. The Health Department is home to nearly 260 employees including public health nurses, sanitarians, health educators, technicians, public health administrators, and specialized staff at the Kent County Animal Shelter. The Health Department operates one main clinic and three satellite clinics located in Kentwood, Rockford, and Grand Rapids. To learn more about KCHD services, visit [www.accesskent.com/health](http://www.accesskent.com/health).

700 FULLER AVE. NE, GRAND RAPIDS, MI 49503