



## I've Been Fully Vaccinated - Now What?

If you've had your full vaccination for the COVID-19 virus, you may be wondering what you are able to do in order to resume your normal activities of daily life and yet continue to remain safe. Here are some ideas for navigating the next phase of the pandemic.

- When indoors, fully vaccinated people don't have to wear masks around other fully vaccinated people, like with a friend or a small group of family members.
  - If you're around un-vaccinated people, which when in a crowd you will not know, it is recommended to wear a mask.
- If you do happen to get exposed to someone who has COVID-19, you don't have to quarantine anymore.
  - If you do have symptoms, quarantine and get tested. It may mean the vaccine was not fully effective or you might have been exposed to a variant.
- Outdoor visits and activities pose minimal risk; however be aware that crowding and a decrease in physical distance can increase risk.

For a guide on Choosing Safer Activities – [click here](#)



If you've received 2 shots of Pfizer or Moderna OR 1 shot of Johnson & Johnson AND it's been at least two weeks since your last vaccine, you are considered fully vaccinated!

## Some Good News

Over one third of the eligible population in Kent County is fully vaccinated and another 20% are awaiting their second dose.

We now need to encourage others who are willing but unmotivated and/or hesitant to get the vaccine.

## COVID-19 VACCINATION FOR HOMEBOUND RESIDENTS

To make sure everyone gets vaccinated as soon as possible, the Kent County Health Department wants to find residents who cannot leave their homes for a vaccination appointment.

### Are You?

- An older adult OR a person with a disability who requires in-home assistance?
- Unable to leave your home because doing so requires considerable effort or causes harm?
- Someone who uses adaptive equipment (like a ventilator, crutches, a walker, a wheelchair, etc.) and/or accessible transportation to leave home?

Let the Kent County Health Department know today!

CALL 2 - 1 - 1 & press 5 or (616) 459 - 6281