



Hosted by:

 **NAMI** | Nebraska
National Alliance on Mental Illness

 **NAMI** | Northern Nevada
National Alliance on Mental Illness

Free 6-week online course

NAMI Basics is an education program for parents, caregivers and other family who provide care for youth (ages 22 and younger) who are experiencing mental health symptoms.



Dates: Tuesdays June 30, 2026 – August 4, 2026
Time: 6:00PM – 8:30PM CST/4:00PM – 6:30PM PST

What You'll Gain

- How to advocate for your child ✓
- Be prepared to respond in crisis ✓
- Learn about different treatments ✓

Register Here!

<https://forms.gle/SmTg7RydwXFIg8sX8>



Questions?

Please email us at info@naminebraska.org

