



Drug & Alcohol Education Class

"One small crack does not mean that you are broken, it means you were put to the test and you didn't fall apart."
- Linda Poindexter

What:

The curriculum will give clients tools to recognize their habits and empower them to make changes to live a healthier, stronger life.

Participants will learn skills in identifying:

- Consequences of substance use
- Withdrawal symptoms
- Creating their own sobriety plan

Location:

3805 25th St
Columbus, NE 68601

Upcoming Classes:

TBD

Option 1: 8:00 AM – 12:00 PM
4-hour credit | \$55.00

Option 2: 8:00 AM – 4:30 PM
8-hour credit | \$125.00

Location:

1800 W Pasewalk Ave Ste A
Norfolk, NE 68701

Upcoming Classes:

September 28, 2024
November 9, 2024

8:00 AM – 12:00 PM
4-hour credit | \$55.00



**certificates of completion provided

To Register Call: 402-500-6870 | **payment due at time of registration