

Good Life Counseling and Support

2277 22nd Avenue

Columbus, NE 68601

Phone: 402-562-0400

PARENTING CLASSES

\$45.00 per session / \$60.00 for both sessions

Minimum class size 4

2024

English Dates

Spanish Dates

Saturday January 6 th	Saturday February 3 rd
Saturday March 2 nd	Saturday April 6 th
Saturday May 4 th	Saturday June 1 th
Saturday July 27 st	Saturday August 3 rd
Saturday September 7 th	Saturday October 5 st
Saturday November 2 nd	Saturday December 7 th

Course Description:

- 9:00 a.m.-12:00 p.m. (Infant to 5 years of age).
 - Milestones
 - Potty training
 - Nutrition
 - Consistency
 - Effective discipline
 - Self-control (child & parent)
- 1:00 p.m.-4:00 p.m. (6 to 18 years-school age).
 - Rules & consequences
 - Firm limitation
 - Morals & values
 - Responsibility
 - Technology

You must be registered to take the class. Register by calling 402-562-0400.

**** Class size is limited****

Good Life Counseling will provide certificates upon completion.