



YOUTH AND FAMILIES THRIVE

Youth and Families Thrive is a multi-generation approach that integrates the Center for the Study of Social Policy's (CSSP) Strengthening Families™ and Youth Thrive™ frameworks focused on strengthening children, youth, family and community promotive and protective factors so all children, youth and families can thrive.

Basic Concepts:

- Youth and Families Thrive premises and protective and promotive factors
- Evidence Informed Approach, NOT a model
- A common language that can be utilized across systems
- Family Systems, 2Gen/Multi-Generational, Developmental Science, Brain Development, Transformational Relationships, Healing Centered Engagement

Who should attend?

Family Specialists, School Counselors, Early Childhood and Older Youth providers and coaches, Youth Workers, Health Providers, Social Workers, Clergy, and more.

Join your community colleagues for learning, networking and developing practices that support the healthy development of young families and their children.

December 1, 2025, 9-4 CT Knowledge of Parenting and Child and Adolescent Development

December 8, 2025, 9-4 CT Social Emotional Competence and Resilience

December 15, 2025, 9-4 CT Social Connections and Concrete Support

LOCATION

Columbus Public Schools Admin, 2410 16th St Suite A, Columbus

https://bit.ly/YFT2025_Columbus

Snow Date December 18, 2025.



**Center for the
Study of Social Policy**
Ideas into Action


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AND FAMILIES FOUNDATION

Families Thrive was developed by the Center for Study of Social Policy (CSSP) and includes elements from Strengthening Families™ and Youth Thrive™. The training delivered in Nebraska is an adaptation of the original training per agreement between Nebraska Children and CSSP.