

2026 Columbus Community Hospital

KIDS ACADEMY

SUPERHERO EDITION

CALLING ALL FUTURE SUPERHEROES!

Train your powers. Learn to help. Stay strong and safe!



Wednesday, July 22



8 a.m.-3:30 p.m.



Columbus Community Hospital



For kids entering grades 4-6

What superheroes will learn



Safety skills



First aid basics



Power-up nutrition



Movement, games & team challenges

Hands-on fun • Real-life skills • Superhero confidence!

Hero gear provided

✓ Lunch, snacks & water (nut-free)

✓ Superhero T-shirts



**Superhero
T-shirts welcome!**

Cost: \$20

✓ **Spots are limited!**

Scan to register!



Scan with your phone camera to sign up!



Email:

mjallen@columbushosp.org



Call:

402-562-3321

Every superhero starts with the right training!



COLUMBUS
COMMUNITY HOSPITAL