



- ✧ **Training Insights** is an on-demand publication of The Mental Health Center of Greater Manchester (MHCGM) in Manchester, NH.
- ✧ Information in this calendar may be subject to change so please be sure to confirm offering details with the sponsor(s).
- ✧ Feel free to share and duplicate this resource, but do not alter it in any way without the expressed consent of The M HCGM.
- ✧ Please send training dates, suggestions and comments to: Charlene Kach, 603-854-8384, e-mail: kachchar@mhcgcm.org



January 17 th , 2019 9:00am – 4:30pm	Motivational Interviewing I <i>Michael Bradley, MA, LCMHC, MLADC and Harry Cunningham, LICSW</i>	The Mental Health Center of Greater Manchester	\$100.00 6.0 credits *	MHCGM Blodget St. Training Room 5 Blodget St. Manchester, NH 03104	To register: https://www.mhcgcm.org/events/ Charlene Kach 603-854-8384 kachchar@mhcgcm.org
January 18, 2019	Expressive Approaches to Promoting Well-Being	START Program	No Cost	Webinar with follow-up discussion The Moore Center; 195 McGregor Street 12:00pm-2:00pm	(for more information about the START program go to: https://www.centerforstartservices.org/locations/new-hampshire
January 23, 2018	How to Supervise People	NST	\$149.00	Best Western Executive Court 13500 S. Willow Street	NationalseminarsTraining.com/BASS

January 24 th , 2019 9:00am – 3:00pm	LEAP (Listening, Empathizing, Agreeing, and Partnering) <i>Harry Cunningham, LICSW</i>	The Mental Health Center of Greater Manchester	\$100.00 5.0 credits *	MHCGM Blodget St. Training Room 5 Blodget St. Manchester, NH 03104	To register: https://www.mhcgcm.org/events/ Charlene Kach 603-854-8384 kachchar@mhcgcm.org
January 29, 2018	Optimizing Care for Mothers & Babies Affected by Substances: Summit to Address Plans of Safe Care in New Hampshire		No cost	Grappone Conference Center, 70 Constitution Ave, Concord, NH. (9:30 am – 4:00 pm). Registration will open in fall. Cost: Free with breakfast and lunch provided.	For more information contact Rekha Sreedhara at Rekha_Sreedhara@jsi.com / 603-573-3342.
January 31 st , 2019 8:30am – 12:00pm	Counseling on Access to Lethal Means “CALM” Training <i>Pete Costa, LICSW and Mark Bodwell, LCMHC</i>	The Mental Health Center of Greater Manchester	\$100.00 6.0 credits *	MHCGM Blodget St. Training Room 5 Blodget St. Manchester, NH 03104	To register: https://www.mhcgcm.org/events/ Charlene Kach 603-854-8384 kachchar@mhcgcm.org

FEBRUARY 2019

February 1, 2019	Child Parent Psychotherapy Learning Session:	NH Children's Behavioral health Collaborative	No cost	UNH School of Law 2 White Street Concord, NH	To register: http://nh4youth.org/news/events/child-parent-psychotherapy-learning-session
February 7 th , 2019 9:00am – 4:30pm	Motivational Interviewing II Intermediate <i>Michael Bradley, MA, LCMHC, MLADC and Harry Cunningham, LICSW</i>	The Mental Health Center of Greater Manchester	\$100.00 6.0 credits *	MHCGM Blodget St. Training Room 5 Blodget St. Manchester, NH 03104	To register: https://www.mhcgcm.org/events/ Charlene Kach 603-854-8384 kachchar@mhcgcm.org

February 11th & 12th, 2019 9:00am – 4:30pm	DBT for Non-DBT Practitioners <i>Diane DiStaso, M.Ed., CBBT</i>	The Mental Health Center of Greater Manchester	\$100.00 6.0 credits *	MHCGM Blodget St. Training Room 5 Blodget St. Manchester, NH 03104	To register: https://www.mhcgcm.org/events/ Charlene Kach 603-854-8384 kachchar@mhcgcm.org
--	---	---	----------------------------------	--	---

MARCH 2019

March 8th, 15th, 22nd, and 29th, 2019 8:30am – 4:30pm April 5th, 2019 8:30am-12:30pm	DBT Skills Training: Borderline Personality Disorder <i>Patricia Carty, MS, CCBT</i> <i>Catharine Main, LICSW</i> <i>Diane DiStaso, M.Ed., CCBT</i> <i>Meghan Coyle, LICSW</i> <i>Charles Schindler, LICSW</i> <i>Ryan Hindenach, MA</i>	The Mental Health Center of Greater Manchester	\$500 30 credits*	MHCGM 1555 Elm Street Manchester, NH CSS Library	To register: https://www.mhcgcm.org/events/ Charlene Kach 603-854-8384 kachchar@mhcgcm.org
March 14 th , April 10 th , May 1 st , 2019	Multi-Tiered Systems of support for Behavioral Health & Wellness (MTSS-B) Training Series: Establishing Tier 1 Systems, Data, and Practices to Maximize Student engagement and Learning	NH MTSS-B Collaborative	\$3,000 per school team of 3-5	The Falls Event Center, Manchester, NH	www.oid.unh.edu/events or call 603-228-2084

APRIL 2019

April 5th, 2019 1:30pm-4:30pm	DBT-Adolescent Skills Training for Borderline Personality Disorder <i>Kari Sanborn, MS</i>	The Mental Health Center of Greater Manchester	\$50.00 3.0 credits*	MHCGM 1555 Elm St. Manchester, NH 03103	To register: https://www.mhcgcm.org/events/ Charlene Kach 603-854-8384 kachchar@mhcgcm.org
--	--	---	--------------------------------	--	---

April 12th, 2019 9:00am – 4:30pm	“Behind the Curtain”: The Myth of Therapist Anonymity – Clinical and Ethical <i>Ed Mahoney, M.Th., D.Min, LPP</i>	The Mental Health Center of Greater Manchester	\$100.00 6.0 credits*	TBD	To register: https://www.mhcgcm.org/events/ Charlene Kach 603-854-8384 kachchar@mhcgcm.org
--	---	---	--	------------	---

MAY 2019

May 2nd, 2019 9:00am – 11:00am	Overcoming Stigma: Strategies for Health Professionals <i>Nancy Hollinshead, MSW; Kimberly Meurillon, MA; and Bret Smith, CRSW</i>	The Mental Health Center of Greater Manchester	\$30 2.0 credits*	MHCGM Blodget St. Training Rm 5 Blodget St. Manchester, NH 03104	To register: https://www.mhcgcm.org/events/ Charlene Kach 603-854-8384 kachchar@mhcgcm.org
May 8 th & 9 th , 2019	Using the Science of Implementation to Make Long-Lasting change	Presented by UNH Institute on Disability	\$599.00 per attendee	Grappone Conference Center, Concord, NH	Register online: www.iod.unh.edu/events or call 603-228-2084
May 22nd, 2019 8:30am – 11:30am	MHCGM GRAND ROUNDS: TBD <i>Cassie Yackley , Psy.D., PLLC</i>	MHCGM	3.0 credits*	TBD	

SAVE THE DATE!

WEBINAR SERIES NAADAC

2019 NAADAC Institute Webinar Series Schedule Now Available!

The 2019 NAADAC Institute Webinar Series is up on NAADAC.org!

Each **free** 1-2 hour webinar is brought to you live by a subject matter expert and worth continuing education (CE) hours (free for NAADAC members!).

Can't make the live webinar? All webinars are recorded for later viewing and added to our on-demand library of over 145 hours of free

addiction-specific education available 24/7. Earn CEs on your schedule!

January

Implementing SBIRT in Rural Clinics: A How-to Guide, presented by Christine Chasek, PhD, LIMHP, LADC, MAC

- Wednesday, 01/09/19 @ 3:00-4:00pm ET (2 CT/1 MT/12 PT)
- Register Now – Earn 1 CE

Living in a Cloud: Adolescent Nicotine Use, presented by Beth Donnellan, M.Ed., ABD, CCTP, CATP

- Wednesday, 01/23/19 @ 3:00-4:30pm ET (2 CT/1 MT/12 PT)
- Register Now – Earn 1.5 CEs

February

Finding Ambivalence and 10 other Things about Motivational Interviewing, presented by Richard Choate, LADC, CADC II

- Wednesday, 02/13/19 @ 3:00-4:30pm ET (2 CT/1 MT/12 PT)
- Register Now – Earn 1.5 CEs

Addressing the Opioid Crisis via Community-Based Technical Assistance, presented by Holly Hagle, PhD

- Wednesday, 02/27/19 @ 3:00-4:00pm ET (2 CT/1 MT/12 PT)
- Register Now – Earn 1 CE

RESOURCE SITES

<https://findtreatment.samhsa.gov/locator>

locate a variety of treatment centers across the country

<https://www.bpdvideo.com/borderline-personality-disorder-information/videos-apps/apps> apps for BPD (This five-part video series on families and Borderline Personality Disorder (BPD) was funded by a grant from the National Institute of Mental Health)

<https://www.autismspeaks.org/tool-kit/challenging-behaviors-tool-kit>

www.nrd.gov

The National Resource Directory and the Office of Warrior Care Policy engage with programs for Service Members and Veterans across the Department of Defense, Department of Veterans Affairs, other U.S. Government agencies, and associated organizations.

<https://www.humanservicesedu.org/new-hampshire-lpc.html>

Counseling Licensure in New Hampshire Requirements

The state of New Hampshire only has one level of counseling licensure. The title is known as the Licensed Clinical Mental Health Counselor (LCMHC). You will need to meet a number of requirements for educational attainment; supervised work experience logged and will need to pass an examination.

ONLINE

ADHD

Intensive Training Course: Evidence-Based Strategies for Managing ADHD across the lifespan
PESI 30.0 CE's \$299.00 www.pesi.com/adhdcourse

GRIEF

We often need help navigating the difficult terrain of grief and loss, and the holidays can be a more challenging time for those in grief. That's why I created this **free video where I share my tools and strategies for grief and the holidays**. Whether you've recently experienced a loss of your own, or you're a clinician looking for ways to help those mourning a loss find peace and comfort during the holidays, I encourage you to **watch and share this free resource**. Your partners in education and success, David Kessler and The PESI Team
[Check out my FREE, 50-minute video](#)

**Continuing education credits are available but please contact your licensing/certification board to determine eligibility to meet your continuing education requirements.*



www.mhcgmm.org



The Mental Health Center of Greater Manchester is a private non-profit community mental health center that has provided mental health services to children, teenagers, adults and seniors for more than 50 years. Our service area includes Bedford, Goffstown, New Boston, Hooksett, Auburn, Candia, Londonderry and Manchester, NH.

Why Choose BCA? Bedford Counseling Associates has been serving the needs of the community for more than 25 years. Our exceptional staff can offer a wide variety of counseling services for individuals of all age groups. We provide a comfortable atmosphere in a convenient downtown location, with flexible office hours. www.bedfordcounseling.org