

Family 411

The Mental Health Center of Greater Manchester is offering information support sessions to loved ones impacted by mental illness and co-occurring disorders.

Family 411 is a weekly (approximately 60-90 minutes) —4 session group session with information for families who experience (SMI) Serious Mental Illness or (SPMI) Serious Persistent Mental Illness.

Family 411 Sessions will be held from 6:00 p.m.—7:30 p.m. every Tuesday evening in February at Bedford Counseling Associates (2 Wall Street, 3rd floor, Manchester, NH)

There is no charge for the sessions

