

Face Covering Guidelines

Mask Recommendations

Masks are recommended by the CDC as a simple barrier to help prevent respiratory droplets from traveling into the air and onto other people when the person wearing the mask coughs, sneezes, talks, or raises their voice. This is called source control. This recommendation is based on what they know about the role respiratory droplets play in the spread of the virus that causes COVID-19, paired with emerging evidence from clinical and laboratory studies that shows masks reduce the spray of droplets when worn over the nose and mouth.

COVID-19 spreads mainly among people who are in close contact with one another (within about 6 feet), so the use of masks is particularly important in settings where people are close to each other or where social distancing is difficult to maintain. When we reduce the spread we are keeping more people healthy and in school.

All students and staff/adults 5 years old and older must wear a face covering.

Exemptions include when outside while six feet apart and eating/drinking. When outside with multiple cohorts, if there is a possibility of someone coming within six feet a face covering must be worn. For example, when getting on the bus at the end of the day. Students should wear their face covering when riding the bus. Staff may take off their face covering when instructing and at a minimum of six feet away from another individual. It will be extremely important to hold students accountable to mitigate spread and risk. ****Masks CANNOT have vent holes in them.**

DO choose masks that



Have two or more layers of washable, breathable fabric



Completely cover your nose and mouth



Fit snugly against the sides of your face and don't have gaps

Accommodation Related to Face Coverings

Individuals with medical conditions, intellectual or developmental disabilities, mental health conditions, other sensory sensitivities, or have trouble breathing are exempt from the face covering requirement. If the student has a current IEP, Section 504 Plan, or Health Plan that pertains to those conditions, the plan may be revised to add an accommodation without a doctor's note. If a student does not have a medical condition that is documented at school, a doctor's note or the following form is required. Please turn in the doctor's note or form to the District Nurse, biewer@hjt1.org to reach out to the parent and develop a health plan. Have these students wear a face shield and/or sit behind a trifold.

LINK: Request for an Accommodation