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VIDOL IS ACCEPTING APPLICATIONS FOR THE 2023 LABOR INVESTING FOR TOMORROW (LIFT) INTERNSHIP PROGRAM

34 years of attracting returning young professionals through premier employment opportunities funded locally

USVI- Commissioner Gary Molloy announces that the Virgin Islands Department of Labor (VIDOL) is now accepting applications for the 2023 Labor Investing for Tomorrow (LIFT) Summer Internship Program. VIDOL's LIFT Summer Internship Program was established in 1989. Serving as one of the most prominent work experience/internship programs in the territory, the Labor Investing for Tomorrow is a component of the Summer Youth Work Experience Program (SYWEP) that provides college juniors, seniors, recent graduates, and Graduate students with eight (8) weeks of work experience.

Now in its thirty-fourth (34th) year, the LIFT program continues to deliver on the promise of exposing interns to the workforce in the Virgin Islands, motivating them to stay or return home. 2022 LIFT Intern, Briana Cromwell stated, "Being a first-generation scholar and the first woman in my family to go into the medical field, I am far from grateful for the opportunity bestowed upon me. The LIFT program opened a door for me I never thought I would open. For the past three years of my undergrad, I have been seeking opportunities for career readiness to ensure that I am prepared for what lies ahead. Fortunately, I was allotted a chance to work alongside a medical professional within my field of interest".

LIFT Interns will be paid by the hour and expected to work no more than thirty (30) hours per week for approximately eight weeks. All LIFT interns will be required to participate in a special project, a mentorship initiative, and community service activities. Additionally, all participants in the program are provided with Life Skills Management & Career Orientation Workshops, Workplace Preparation Skills, and Occupational Safety & Health Administration (OSHA) regulation training.

"When I am asked to speak about the LIFT to this day, I still get goosebumps. The secret is out, and I am very happy to declare that the LIFT program is no longer the best kept secret. The VIDOL staff and employers work together to ensure that this program will continue to give our young people in

The Virgin Islands Department of Labor is an Equal Opportunity Employer with Equal Opportunity Programs. Auxiliary aids and services are available upon request to individuals with disabilities.

college and recent college graduates the opportunity to really dive in and get the actual hands-on experience that combines their interests, passions, and studies together like no other. The pride of being a LIFT intern stays with our young people for the rest of their lives,"said Commissioner Molloy.

Eligibility criteria are as follows: Interns must presently be a college junior, senior or graduate student; must have a minimum GPA of 2.80 on a 4.00 scale; and must be between the ages of 18 – 25, inclusive.

Interested juniors, seniors, or graduate students must complete the LIFT application available online at www.vidol.gov/youth. **The application deadline is April 21, 2023**.

If you have any questions regarding this information, contact our offices on St. Croix at (340) 773-1994 ext. 2140 (amelia.christian@dol.vi.gov) or St. Thomas at (340) 776-3700 ext. 2080 (shenika.sebastien@dol.vi.gov).

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