

A Justice Ministry Newsletter for Disciples of Christ—from the heart of Pastor Williams

Theme: One Act of Resistance — Missouri Edition

“Do justice, love kindness, and walk humbly with your God.” — Micah 6:8

This Week’s Justice Focus: Resist Through Participation

One Act of Resistance

Today’s act of resistance is to wear your favorite resistance shirt! Whether it has a picture of kids/adults with various shades or something stating pro-equality, pro-love, pro-inclusion, a pride flag, or simply says, “be kind,” put it on and show the world where you stand! Providing the watching world a power visual advocating for diversity among us and celebrating the uniqueness in which we all were created in the image of God.

That speaks volumes without saying one Word. Will you do it? If someone comments on the shirt then seize the day as an opportunity to share the expansive Love of Christ that is inclusive of all beloved.

Second Opportunity:

Mark your calendar for June 14, the next National ‘No Kings’ day protest, and make a plan to join a protest near you!

There are lots of ways to join a protest, provide water for participants, intentional prayer on this day for the participants, or physically being present for the protest. If you have never been to one of these events make sure to do proper research on how to keep yourself safe as a participant.

I include below the reference material listed by [Physicians for Human Rights](#).

They have on their site a Resource called [A Protestor’s Guide](#)

What to wear to protect yourself against tear gas and other chemical agents when protesting:

- Facemask. Scarves or bandanas large enough to cover your face from nose to chin can serve as substitutes.
- Shatter-resistant eye protection (e.g. shatter-resistant sunglasses, swim goggles, or a gas mask)
- Clothing covering all your skin as much as possible
- Comfortable, closed, protective shoes that you can run in

- AVOID wearing contact lenses, which can trap irritating chemicals, such as tear gas powder, underneath. If you do wear contacts lenses, keep a full facial gas mask or goggles on at all times.
- AVOID wearing makeup such as eyeliner, for the same reason.

What to bring to a protest:

- Water in your own plastic bottle with a squirt top (to drink and to wash off your skin or eyes)
- A backpack or a drawstring bag – rather than an over-the-shoulder or a cross-body bag – in case you need to run
- Identification and/or emergency contact information (consider writing this on your skin)
- Cash for food and transportation or cash bail, in case you are arrested. Check how much bail is in your location.
- Inhaler, epipen, and several days of prescription medication, in case you are arrested
- A medical alert bracelet or information about any chronic medical conditions or allergies
- A change of clothes, in case you are exposed to chemical irritants
- Before next Wednesday, complete **ONE act of resistance**:
 - Contact us to join the ARPR Justice Ministry
 - Support our Regions Justice Ministry by pledging funds
 - Wear a shirt as an act of resistance and encourage one other person to do the same
 - Invite us to your faith community to discuss Justice ministry initiatives and how where you live into Micah 6:8
 - Share a justice concern in your congregation

Small acts become movements when faithful people act together.

If you read to the end of this letter and find yourself interested in Reconciliation Ministry with the ARPR Justice Ministry, please email me to join the team

angela@ccmadisciples.org