



art by Arna Baartz



Autumn 2016

New Parent-New Baby Group

Honoring the Passage to Parenthood

An autumn support circle to nurture and support the transition to parenthood. Infants welcomed, and of course, feeding and caring of infants welcome during our time together! A great circle for parents with babies up to 1 year of age.

Easy, spacious and free parking right off Route 3 at
MSU Center for Clinical Services,
 147 Clove Road, Little Falls, NJ
 (*for GPS, use 35 Clove Rd.)

New Parent New Baby Group

Thursdays, September 15, 11:00 am-12:30 pm
 running 8 weekly Thursdays

Drop in or come consistently! (Sept. 15, 22, 29, Oct. 6, 13, 20, 27 & Nov. 3, 2016)

Spend once a week honoring the transition to parenthood in a supportive, compassionate environment. \$20 per session; (\$15 per session for MSU community members)

Dr. Dayna Egan is a psychologist who specializes in child and adolescent psychology, and she has had a breadth of experiences working with children of all ages, from birth -18 years old. Dr. Egan also specializes in animal assisted therapy and interventions. Dr. Egan received her doctorate in child and adolescent psychology from University of Hartford in West Hartford, CT and completed her doctoral internship at Andrus Children's Center in White Plains, NY. She has a particular specialty with infant & early childhood mental health, and is an endorsed Level III infant mental health specialist. Jill Wodnick is a childbirth educator blending resources, information and inspiration on the journey of parenting.

Together, Dayna and Jill will craft a welcoming space that is open to all parents.

Registration at 973-655-7907 or email Wodnickj@mail.montclair.edu or Eganda@mail.montclair.edu