

## Questions for Lesson 8

1. How does the writer describe the pagan mind and heart (vv. 17-18)? What behavior resulted from that thinking? How is thinking and behavior similar to our culture?
2. Which of the old ways of believing and thinking do you need to put off?
3. Think of a time when someone's careless words hurt you. What was the effect on both of you?
4. How does speaking truthfully support and build up the body of Christ? How does telling lies, gossiping, and unwholesome small talk break it down?
5. Why do believers in Christ often say things to hurt others when God clearly instructs us not to do so?
6. Why does it feel good at times to put others down?
7. How does God view your actions when you disregard or disrespect others?
8. While anger in and of itself is not a sin, what are some ways that it can quickly lead to sin?
9. What are some ways to redirect a conversation when a friend wants to gossip or speak badly about another person?
10. What are some ways that you can seek to build up another person with your words?
11. Scan through the new behaviors in chapter 4, verses 25-32 but this time read them as a description of how God acts toward us. How does that make you think and feel differently about the passage?