



Memorial

MELTDOWN 2022

Fundraiser and Weight Loss Challenge

Sponsored by Employee Health Services

Benefiting the Memorial Foundation's Employee Crisis Fund

STARTING AUG. 29TH

- ▲ 2 weigh-ins (*beginning & end*)
- ▲ Entry fee: \$20 Cash
- ▲ Confidential - the person with the biggest percentage of body weight lost wins the challenge

INITIAL WEIGH-INS:

Aug. 29th

7:00 a.m.–11:00 a.m.
Cafeteria Alcove

11:30 a.m.–4:00 p.m.
Employee Health

Aug. 30th

8:00 a.m.–9:00 a.m.
Biloxi Annex

11:00 a.m.–4:00 p.m.
Employee Health

Aug. 31st

7:30 a.m.–4:00 p.m.
Employee Health

FINAL WEIGH-INS:

Nov. 7th

7:30 a.m.–4:00 p.m.
Employee Health

Nov. 8th

8:00 a.m.–9:00 a.m.
Biloxi Annex

11:00 a.m.–4:00 p.m.
Employee Health

Nov. 9th

7:30 a.m.–11:00 a.m.
Employee Health

*Final weights will also be accepted by email from 11/7-11/9. The weight of the possible winner must be verified by Nov. 10th (with inperson weigh-in) to qualify for the prize money.

WINNER WILL BE ANNOUNCED ON NOVEMBER 11TH

The winner with the most percentage of body weight lost will split the proceeds with Memorial Foundation's Employee Crisis Fund.

For more information, contact Summer Harris (suharris@mhg.com) or call 575-1904.