



Parent to Parent Programs of SW WA
(Clark, Skamania, and Klickitat Counties)

Support and Learning Course

Holland

Winter 2022 | Thursdays

February 10th – March 31st

10:00 AM – 12:00 PM

On Zoom



Week	Date	Theme
1	February 10	Welcome to Holland
2	February 17	The Old County... Our Past Experiences
3	February 24	"But I wanted to Go to Italy!" ... Grieving and Adjusting in a New Land
4	March 3	Families and Community... Taking the Trip Together
5	March 10	Tour Guides and Finding Our Way in the New Land
6	March 17	Taking Care of Ourselves
7	March 24	Celebrating Holland and Finding Beauty
8	March 31	Graduation, Celebration, and Passports

Holland is an 8-week support and learning program for parents raising children with special needs. Holland provides structured classes and activities that promote the sharing and processing of emotions while learning about such topics as self-care, grief and loss, and community resources.

Register here: <https://conta.cc/3CjrNlo>

Contact Theresa Van Pelt for more information.

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