



## Who Should Attend?

Anyone who is interested in promoting recovery by removing barriers and obstacles to recovery and serving as a personal guide and mentor for people seeking or already in recovery. Read about the crucial role of Recovery Coaches.

## Tell Me more....

The CCAR Recovery Coach Academy© is a 4-day intensive training academy focusing on providing individuals with the skills need to guide, mentor and support anyone who would like to enter into or sustain long-term recovery from an addiction to alcohol or other drugs. Provided in a retreat like environment, the CCAR Recovery Coach Academy© prepares participants by helping them to actively listen, ask really good questions, and discover and manage their own stuff.

Recovery Coaches are becoming employed in more and more settings, offering great potential for future employment opportunities.

### CCAR Recovery Coach Academy® participants will:

- Describe Recovery Coach role and functions
- List the components, core values and guiding principles of recovery
- Build skills to enhance relationships
- Explore many dimensions of recovery and recovery coaching
- Discover attitudes about self disclosure and sharing your story
- Understand the stages of recovery
- Describe the stages of change and their applications
- Increase their awareness of culture, power and privilege
- Address ethical and boundaries issues
- Experience recovery wellness planning
- Practice newly acquired skills

**November 18 –21, 2019**

**8:30 am to 4:30 pm**

**Xchange Recovery Center**

**21810 NE 37th Ave. Ridgefield, WA 98642**

**(off 219th going into Battle Ground)**

### Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

email \_\_\_\_\_

Send info and payment to:

Xchange Recovery Center - ATTN: Katie

Fax: 360.397.7477 or

Email: [katie@driveoutaddiction.com](mailto:katie@driveoutaddiction.com)

The cost of the training is \$50.00 per person. (an \$800 savings!) Payment is due prior to the training. Space is limited to 40 participants. Payment can be made via [www.driveoutaddiction.com](http://www.driveoutaddiction.com) or text the word 'give' to 360.205.1717.