

# Understanding the Impact of the Pandemic on Alcohol Use

April 15, 2021  
2:00 PM – 3:00 PM



A Virtual Presentation with  
Laurie McBreen, LPC,  
Director of Behavioral Health,  
Wheeler Clinic

*A Connecticut Clearinghouse Educational Forum*  
Register at [www.ctclearinghouse.org/registration](http://www.ctclearinghouse.org/registration)

## Participants will learn about:

- Why we drink alcohol
- The physical, emotional and mental effects of alcohol use
- Trauma and its relationship to substance use
- The impact of the pandemic on alcohol use
- Risk factors such as suicide and overdose
- Alternative and holistic models of treatment

Approved for  
1 contact hour  
with the  
Connecticut  
Certification Board