



LEARN THE SKILLS TO HELP SAVE A LIFE

No cost, in-person training

June 22 and June 23, 2022

9 AM - 5 PM

Participants are required
to attend both full days

Connecticut Clearinghouse
334 Farmington Avenue (Route 10)
Plainville, CT 06062

Registration is required:
www.ctclearinghouse.org/registration

Applied Suicide Intervention Skills Training (ASIST) is a two-day workshop designed for family, friends, community members and those in formal helping roles who may be the first to talk with a person having thoughts of suicide.

ASIST teaches the skills needed to provide suicide first aid help as part of the care you provide.

Participants learn how to:

- Recognize people at risk of suicide
- Talk, hear their story and understand their situation
- Help them stay safe with a life-affirming intervention

