

# Understanding and Addressing the Multiple Roots of Addiction and Recovery

**Tuesday, September 26, 2023, 10:00 a.m. – 12:30p.m. EST**

The Connecticut Behavioral Health Partnership (CT BHP) in conjunction with the Connecticut Hospital Association is proud to sponsor a virtual, professional forum that explores the neurological, experiential, and social underpinnings of behavioral health and substance addictions. **This presentation will examine the connection between trauma, neglect, and addiction and how active addiction impacts the brain in adults, teens, and children.**

Join leading experts to:

- Learn about the Adverse Childhood Experiences (ACE) Study and the impact of both adverse childhood and community experiences.
- Identify risk factors regarding the development of an addictive disorder.
- Develop an awareness of how to infuse trauma informed principles into all phases of treatment.

## Presenters:

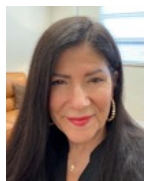


**Hope Payson, LSCW, LADC** is an Alcohol and Drug Counselor and an EMDRIA Approved Consultant with over 30 years' experience specializing in the treatment of addiction and trauma. She has presented in a wide range of conferences within the US and Internationally. Hope is actively involved in helping addiction focused treatment programs integrate trauma informed approaches throughout all phases of their programming. She is also producer of the documentary "Uprooting Addiction: Healing from the Ground Up".



**Viviana Triana, LCSW** is an EMDR Certified Therapist, Approved Consultant and Trainer. Since 2008, Viviana has worked as a therapist with children, teens, adults, and families who have experienced complex trauma in settings such as rape crisis, youth homeless and domestic violence shelters. Viviana has been published in professional journals and contributed to the recently released book, EMDR with Children in the Play Therapy Room: An Integrated Approach. Currently Viviana serves as the Clinical Director for Youth180 in Dallas, Texas.

## Panelists:



**Alicia Peña, LMHC, Owner,**  
**Tree of Life Therapy and**  
**Counseling**



**Daryl McGraw, MA, CAC,**  
**CCJP, Formerly Inc.**

**Select here to register  
for the forum**

For additional information, please contact [Paige.Fanolis@carelon.com](mailto:Paige.Fanolis@carelon.com) or [ctbhp@carelon.com](mailto:ctbhp@carelon.com)

This event is available at no cost to you and offers the following credits: National Association for Social Workers (NASW) continuing education credits (CECs) and continuing medical education credits (CMEs) for physicians and nurses. This educational forum has been approved by the Department of Mental Health and Addiction Services (DMHAS) for psychologist CECs. Carelon Behavioral Health is an approved trainer for the Connecticut Certification Board (CCB).