

Kentucky Statewide

Diabetes Symposium 2019

Friday
November 15th

Marriott East
Commonwealth Ballroom
Louisville, KY

Symposium Held in Recognition of
WORLD DIABETES DAY



Continuing Education

Certified Diabetes Educators • Registered Dietitians
Registered Nurses • Registered Pharmacists

REGISTRATION INFORMATION

ONLINE REGISTRATION AND PAYMENT REQUIRED:

Online Payment Early Registration Fee **\$65**
(on or before October 24, 2019)

Online Payment Late Registration Fee **\$85**
(after October 24, 2019)

UNABLE TO PAY ONLINE:

In the event an individual is unable to **PAY ONLINE**, **REGISTRATION ONLINE** will still be required. There will be an **ONLINE** option to mail in a check with a printed registration form, however, **an additional \$25 per person administration fee will be charged (rates below)**. See online registration at: <https://tinyurl.com/KYDiabetes2019>. Make checks payable to: Kentucky Diabetes Network (KDN) Symposium 2019.

Check Payment Early Registration Fee **\$90**
(on or before October 24, 2019)

Check Payment Late Registration Fee **\$110**
(after October 24, 2019)

REGISTRATION DEADLINE: November 8, 2019

Enrollment is limited, early registration is encouraged. Notification of cancellation required by November 8, 2019 for partial refund. **No refunds after November 8, 2019.** Registration includes light breakfast, lunch, and snacks.

PARTICIPANT REGISTRATION:

Space is limited and registrations will be accepted on a **first-come, first-serve basis ONLINE** at: <https://tinyurl.com/KYDiabetes2019>.

IF REGISTRATION CLOSED — SIGN-UP FOR WAITING LIST:

If you attempt to register for the Symposium and receive the following message **"Registration is closed. The registration limit has been met"** you may choose to sign-up for a **Waiting List** at: <https://tinyurl.com/KYDiabetes2019WAIT>.

Should cancellations occur, potential attendees from the waiting list will be contacted and given priority to fill open spaces.

UNABLE TO ATTEND — HOW TO CANCEL A REGISTRATION:

Notification of cancellation required for a partial refund by November 8, 2019.

TO CANCEL: Send a cancellation message, including name, address, phone and e-mail to KyStatewideDiabetesSymposium@gmail.com

For your comfort, please bring a sweater / jacket.

Online Registration:

Registration Deadline
November 8, 2019

PARTICIPANT REGISTRATION

Online Registration:
<https://tinyurl.com/KYDiabetes2019>

WAITING LIST

(LINK WILL OPEN ONLY IF REGISTRATION IS FULL)

Waiting List:
<https://tinyurl.com/KYDiabetes2019WAIT>

INDUSTRY ALLIES COUNCIL (IAC) / EXHIBITORS

Online Registration:
<https://tinyurl.com/KYDiabetes2019Exhibitor>

\$\$ SAVE MONEY! \$\$

Register and Pay Online by October 24, 2019

For program information, contact:

Julie Shapero 859-363-2116 julie.shapero@nkyhealth.org

Paula Bergen 859-322-6219

KyStatewideDiabetesSymposium@gmail.com

This activity is jointly provided by the American Association of Diabetes Educators (AADE) Kentucky Coordinating Body (CB) and Local Networking Groups (LNGs) (GLADE, KADE, TRADE, DECA), the Kentucky Diabetes Prevention and Control Program (KDPCP), and the Kentucky Diabetes Network (KDN).

TARGET AUDIENCE AND ACCREDITATION INFORMATION

This symposium is a knowledge-based offering designed for nurses, dietitians, pharmacists, certified diabetes educators, and other healthcare professionals involved in the education and care of people with diabetes.

Requirements:

To successfully complete the program and receive credit, participants must pay the required fee, sign the attendance roster, attend the entire program, and complete the evaluation form.

Accreditation Statement:

The American Association of Diabetes Educators (AADE) is the accredited provider for continuing education as indicated below.

AADE approval of programs or materials does not constitute endorsement of a provider, program, or material. In addition, approval of this educational offering by AADE does not imply endorsement of specific therapies, treatments, or products discussed in the presentations.

Nurses:



AADE is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This program provides 6.0 contact hours of continuing education credit. AADE is also approved by the California Board of Registered Nursing, Provider Number 10977. This program provides 6.0 contact hours of continuing education credit.



AADE is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. This program provides 6.0 contact hours (.60 CEUs) of continuing education credit. ACPE Universal Activity Number: 0069-9999-19-298-L01-P — Effective Date: November 15, 2019 to November 15, 2020.



Dietitians: AADE (AM001) is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive 6.0 Continuing Professional Education Units (CPEUs) for completion of this activity / materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials.

Certified Diabetes Educators:

To satisfy the requirements for renewal of certification for the National Certification Board for Diabetes Educators (NCBDE), continuing education activities must be diabetes related and approved by a provider on the NCBDE list of Approved Providers (www.ncbde.org). NCBDE does not approve continuing education. The American Association of Diabetes Educators (AADE) is on the NCBDE list of Approved Providers.

Continuing Education (CE) Statements of Credit will be available at the end of the conference for those who meet the requirements.

*Planners / Content Reviewers disclose no conflict of interest relative to this educational activity.
Presenter disclosures will be announced during the educational activity.*

LEARNING OUTCOME / OBJECTIVES

Symposium attendees will have increased knowledge of the specified content areas presented and will, therefore, choose at least one concept, practice area, technique, or tool that they will utilize to enhance the care and or education for individuals with or at risk for diabetes.

This symposium will enable participants to:

- Describe useful tools for behavior change which utilize empowerment, motivational interviewing, and adult learning principles.
- Identify tips for navigating the diabetes medication maze including use of new medications and combination therapy.
- Describe hot topics in diabetes nutrition including current recommendations for people with diabetes.
- Describe diabetes management tips for working with older adults.
- Identify resources to improve access and adherence to medications for people with diabetes.
- Describe depression in diabetes including strategies for healthy coping.
- Describe tips for how “*Diabetes Care and Education Specialists*” can successfully become and stay motivated.

PRESENTERS LISTED IN ORDER OF PRESENTATION

Mary Ann Hodorowicz, RDN, CDE, CEC, MBA

- National Consultant, Speaker, Author, and Spokesperson Specializing in Diabetes Care, Education, Nutrition, Health Promotion, and Insurance Reimbursement
- Nearly 400 Professional Presentations, Webinars, and Training Workshops Presented
- Palos Heights, IL

Thomas E. Imhoff, PharmD, BCPS

- Retired Clinical Pharmacy Specialist in Diabetes
- Consultant Clinical Pharmacist, Bayley Place
- Clinical Associate Professor of Pharmacy Practice, University of Cincinnati
- Cincinnati, Ohio

Katherine Imhoff-Witt, PharmD, BCPS

- Ambulatory Care Clinical Pharmacy Specialist
- Cincinnati VA Medical Center
- Adjunct Assistant Professor of Clinical Pharmacy Practice in Administrative Sciences, James L. Winkle College of Pharmacy
- Cincinnati, Ohio

AGENDA

November 15, 2019 Eastern Time

7:30-8:00 AM	Registration / Exhibits / Light Breakfast
8:00-8:15 AM	Welcome / Announcements Theresa Renn / Diane Ballard
8:15-9:30 AM	Tools For Successful Behavior Change: Empowerment, Motivational Interviewing And Adult Learning Principles Mary Ann Hodorowicz, RDN, CDE, CEC, MBA
9:30-10:00 AM	Break / Exhibits
10:00-10:45 AM	Navigating The Diabetes Medication Maze Thomas E. Imhoff, PharmD, BCPS Katherine Imhoff-Witt, PharmD, BCPS
10:45-11:45 AM	Hot Topics In Diabetes Nutrition: T.A.R.G.E.T. What We Need To Know Mary Ann Hodorowicz, RDN, CDE, CEC, MBA
11:45-12:15 PM	Lunch Set-Up / Exhibits / Break
12:15-1:00 PM	Lunch / Recognition of Industry Allies Council (IAC) / Door Prizes
1:00-1:45 PM	Diabetes Management: Tips For Working With Older Adults Mary Ann Hodorowicz, RDN, CDE, CEC, MBA
1:45-2:15 PM	Diabetes Medication Access: Bridging The Gap Thomas E. Imhoff, PharmD, BCPS Katherine Imhoff-Witt, PharmD, BCPS
2:15-3:00 PM	Diabetes and Depression: Healthy Coping Strategies Mary Ann Hodorowicz, RDN, CDE, CEC, MBA
3:00-3:15 PM	Break / Snacks
3:15-4:15 PM	Motivation: How To Get It And Keep It Mary Ann Hodorowicz, RDN, CDE, CEC, MBA
4:15-4:30 PM	Questions / Answers / Evaluations

MODERATORS

Theresa Renn, RN, BSN, CDE, MLDE
Manager — Kentucky Diabetes Prevention and Control Program
Kentucky Department for Public Health
Frankfort, KY

Diane Ballard, RN, BSN, CDE, MLDE, CPT
Volunteer Leader — Kentucky Coordinating Body (KY CB) of the American Association of Diabetes Educators (AADE)
Lexington, KY

HOTEL INFORMATION

Discounted rooms have been blocked at the
Marriott East
1903 Embassy Square Boulevard
Louisville, KY 40299
502- 491-1184

Hotel Reservation Deadline:
October 24, 2019 by 5 pm eastern time

Direct Link: <https://book.passkey.com/e/49953699> or
Call: 1-800-228-9290
Rate: \$129 Double Queen
Ask For: 2019 Kentucky Diabetes Symposium

*After October 24th, reservations accepted at a discounted rate **ONLY** if space is available.*

Industry Allies Council (IAC) *(updated ongoing with new registrations)*

The Kentucky Statewide Diabetes Symposium committee wishes to acknowledge our Industry Allies Council (IAC). Participation in the Council illustrates dedication to the professional community of diabetes educators and the state diabetes symposium. IAC provided through unrestricted monies.

Platinum

To Be Announced

Gold

To Be Announced

Silver

To Be Announced

Bronze

To Be Announced

**Think Blue.
Wear Blue.**

Wear Blue to the Symposium to be eligible for a “special door prize” in recognition of:



world diabetes day