



HOW TO GET ASSISTANCE

IN HYBRID AND DISTANCE

NOVEMBER 2020 • ST. LOUIS PARK HIGH SCHOOL



VIRTUAL SUPPORT

Teachers are using Student Support Time App (slp.studentsupporttime.com) to show availability for each teacher and teachers can request students. Use your SLP email to log in.

Do you need academic support?
Talk to your Park Connections teacher about Wednesday Tutoring

Chemistry Support with Polk, Wachutka and Quattrini:

<https://slpschools-org.zoom.us/j/91055475753>

M-Th 3:15-4:00

Ask your teacher to meet!

DO YOU NEED HELP WITH MATH?
OR MATH QUESTIONS?

	Tuesday	Thursday
1	Begin	Webster
2	Huesing	Huesing
3	Austad	Austad
4	Opara	Opara
5	Begin, Ahlquist	Ahlquist, Webster, Ahlquist
6	Taylor	Taylor
7	Forsberg	Forsberg

<https://meet.google.com/vrd-dkca-hcv>

Learning Lab

Virtually

During asynchronous classes, Ms. Conroy will be available for help and support. Check Student Support Time App for the link and to reserve a space.
Mondays and Thursdays: 1st, 3rd, 5th, and 7th
Tuesdays and Fridays: 2nd, 4th, and 6th and by appointment.

If students want a private virtual Zoom appointment, they can email Ms. Conroy at conroy.kari@slpschools.org

In-Person

Students can use the Student Support App to sign in and sign up for IN SCHOOL spots only.

If students want a private virtual Zoom appointment, they can email Ms. Conroy at conroy.kari@slpschools.org

“In 2 weeks of Wednesdays I have raised 2 grades from F's to C's”

CAFE STUDY HALL

Tutoring is available every Wednesday from 8am-3pm in the Cafeteria.

Transportation can be provided on Wednesdays from 8:30-11:30am.

Please let Kiki Christensen (christensen.kirsten@slpschools.org or 952-928-6102) know by Tuesday at noon if you need transportation.



MENTAL HEALTH

Social Work Support for Resources

9th and 11th Grade

Marlee Nirenstein
nirenstein.marlee@slpschools.org
612-356-2716
Marlee works M-Th

10th and 12th Grade

Lauren Buxton
buxton.lauren@slpschools.org
612-888-5369



Grade Level	Name	Email	Google Voice	Calendly
9th	Barb Nelson	nelson.barbara@slpschools.org	612-562-9760	
10th	Kelsey Milne	milne.kelsey@slpschools.org	612-888-3285	https://calendly.com/kelseymilne
11th	Heidi Cosgrove	cosgrove.heidi@slpschools.org	612-444-6267	https://calendly.com/heidi-cosgrove-virtual-appointments
12th	Laura King	king.laura@slpschools.org	612-888-4410	https://calendly.com/king-laura-1



In-school mental health counseling or virtual video telehealth counseling visits available from your home.

Practice areas include:

anxiety, depression, family work, life transitions & relationship difficulties.

Accepted Insurances:

- Blue Cross/Blue Shield
- Health Partners
- Hennepin Health
- Cigna
- Medica
- Ucare
- United Health Care
- Medical Assistance/Medicare/MHCP

Contact your student's grade level Counselor for more information on a referral.

myhealthmn.org



STUDENT GROUPS

LGBTQ Student Group

buxton.lauren@slpschools.org
Meetings: Wednesdays at 1:00

Grief Group Program

nirenstein.marlee@slpschools.org
Meetings:
Wednesdays 12:20 - 1:00 pm
Email Marlee to set up initial meeting before joining the group

College and Career Development

When: Every Thursday 8:25am – 3:10pm
Zoom Link: <https://slpschools-org.zoom.us/j/98326378430>

Who: 12th Graders Drop in anytime to ask questions regarding college applications, letters of recommendation, college essays, internships, career exploration, and more!