

OUR STORY

Every Meal is a 501(c)(3) nonprofit organization with a mission to fight child hunger through community and school partnerships. We strive to make a difference in children's lives by focusing specifically on food gaps — the times when children aren't at school to access meal programs. Every Meal supports families with programming over the weekends, summers, and extended school breaks.

Providing kids with wholesome food is our focus, and their growth and achievement is at the heart of everything we do.

- **Free for all families**

- No qualifications required for enrollment
- Every Meal does not collect information from families; privacy is protected
- Families may enroll in the program at **any time** throughout the school year
- Volunteers or school staff discreetly place food bags in students' backpacks each week, typically on Fridays

For questions, please contact your school.



2723 Patton Rd. Roseville, MN 55113

everymeal.org



EVERY MEAL

formerly The Sheridan Story

FREE WEEKEND FOOD



ENROLLMENT FORM AND BROCHURE

everymeal.org

Sign up to receive a free bag of food every weekend. Return completed form to school.

Parent/Guardian Name (Printed): _____

Parent/Guardian Signature: _____

Child's Name: _____

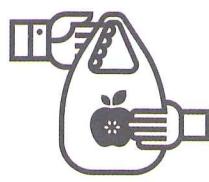
Date: _____

Grade: _____ Teacher's Name: _____ Locker: _____

Describe Child's Backpack (i.e. blue with green zipper):

Select the bag type which best meets the needs and preferences of your family:

- Blue Bag
- Green Bag
- Orange Bag
- Purple Bag
- Yellow Bag



**Bac unto bilaash ah ayaa
si qarsoodi ah la siin donnaa
ilmahaaga. Zogaha qoyiskiina u
gaavkah cidna lalama wadaagi
karo. Buuxi oo ku noqo dugsiga.**

Markaan saxiixo waxaan ku
raacsanahay:

- Masuuliyadayda waxay tahay in aanka ilaaliyo cunigayga cuntooyinka oo ka mamnuucan haduu/haday guriga unto uu keeno.
- shaqaalahi iskoolka ama iskwax u qabsatada in ay furi karaan armaajada yar ee ardayga wax la gashto ee iskoolka iyo/ama boorsada buugaagta si ay u galiyaan bacda cunnada.
- haddii ilmahaygu cuntada lasiiyo soo qaadi waayo inay tahay mauusliyad isaaran inaan anigu cuntada soo doono ama haddii kale layga saari doono barnaamijka unto bixinta.

Ib hnab zaub mov muab rau koj tus menyuam tom tsev kawm ntawv, tsi pub lwm tus sab nraum paub. Yog xav rau npe, thov sau rau sab tom qab daim ntawv no thiab xa tuaj rau koj tus menyuam lub tsev kawm ntawv.

Kuv tso cai rau tsev qhia ntawv muab/ntim ib hnab khoom noj rau kuv tus me nyuam thaum nws tuaj kwm ntawv. Kuv tau nyeem thiab pom zoo raws li cov nqe lus:

- Kuv to taub tias yog kuv tus me nyuam muaj tej yam zaub mov uas nws noj tsis tau, nws yog kuv lub luag hauj lwm uas kuv yuav tau muab tshem tawm ntawm lub hnab mov mus.
- Kuv to taub tias cov neeg ua hauj lwm los yog pab hauv tsev qhia ntawv yeej muaj feem tshawb tau kuv tus me nyuam lub locker thiab/los yog lub hnab ev es tsis lam muab tej hnab mov nyiag ntsaws rau hauv.
- Kub to taub tias yog thaum twg kuv tus me nyuam tsis saib xyuas nqa nws lub hnab zaub mov los tsev, kuv yuav tau tuaj nqa cov zaub mov tom tsev qhia ntawv los sis yuav tsis koom nyob rau hauv qhov kev pab no lawm.

Weekend Food Bag Options:

Families may choose from five options structured around the USDA MyPlate standards. All bag types contain 4-5 pounds of nutritious, non-perishable food, including a variety of fruits, vegetables, proteins, grains, and soups/entrees. Bag types are identified by different colors of the Every Meal logo.



Blue Bag

Tailored for East African dietary preferences. This bag is pork free and may contain items such as tuna, spaghetti, black eyed peas, corn flour, fava beans, and tomato products.



Green Bag

This bag offers the widest variety of food items, such as chicken, tuna, pasta, rice, mac and cheese, chili/soup, and varied vegetables and fruits.



Orange Bag

Tailored for Latino dietary preferences. This bag may contain items such as rice, black beans, pinto beans, corn flour, fideo pasta, enchilada sauce, chipotles in adobo, and diced chiles.



Purple Bag

Tailored for Southeast Asian dietary preferences. This bag may contain items such as rice, rice noodles, coconut milk, bamboo shoots, curry paste, green beans, and mandarin oranges.



Yellow Bag

Contains all ready-to-eat items which require little or no preparation, such as dried fruit, tuna salad, chicken salad, sunflower seeds, granola, oatmeal, and soups.

Sign up to receive a free bag of food every weekend. Complete and return to school.

There are no qualification requirements and your family's privacy is protected.

I give permission for a bag of food to be provided to my child while he/she is at school. By signing, I agree and understand:

- It is my responsibility to remove food items that my child should not consume.
- School staff or volunteers may access my child's locker and/or backpack in order to discreetly place bags of food.
- If my child cannot responsibly transport the bag of food home, I will have to pick up the food at the school or no longer participate in the program.



Apuntense para recibir una bolsa de comida cada fin de semana. Completa y regresa a la escuela. Es totalmente gratis, no hay requisitos de calificación, y la privacidad de su familia está protegida.

Doy permiso para que una bolsa de comida se facilite a mi hijo mientras él/ella está en la escuela. Al firmar, acepto y entiendo:

- Es mi responsabilidad quitar las comidas que mi hijo/a no puede comer.
- Entiendo que el personal de la escuela puede acceder al locker or a la mochila de mi hijo/a para poner la bolsa de comida adentro.
- Entiendo que si en algún momento mi hijo no puede responsablemente transportar la bolsa de comida a casa, voy a tener que recoger la comida en la escuela, o no participar en el programa.