



St. Louis Park Family Services Collaborative & PrairieCare are proud to present

PARENTING WITH A PURPOSE

JOIN US!

Thursday, January 9th

6:30-8:00pm

LENNOX COMMUNITY CENTER
6715 Minnetonka Blvd, St. Louis Park 55426

Presentations will be held in the Cafeteria which is on the lower level of the building. Parking is ample and free. While talks are geared toward parents, we also provide a certificate of attendance for 1.5 contact hours.

CHILDHOOD BRAIN DEVELOPMENT

Does your child seem to lack sound-decision making skills, flexibility, and empathy? Do you sometimes question their moral compass? Surprise! That's because they don't have a fully-formed upstairs brain like adults. In this session, we will learn about how our child's brain development impacts their everyday interactions and reactions to a variety of situations. Spoiler Alert: Your child's brain isn't fully developed until age 25 so there will be something for everyone in this session. This session will be based on the research of Daniel K. Siegel and Tina Payne Bryson from their books *The Whole-Brain Child* and *No-Drama Discipline*.

PRESENTER



Rebecca Wong

Rebecca Wong is a Licensed Parent Educator with the Osseo District ECCE Program with a BAS in Early Childhood Family Education from the University of Minnesota Duluth. Rebecca has been teaching Parent Education for 18 years and is currently working towards her Masters in Teaching and Learning with St. Mary's University.

SAVE THE
DATE!
Upcoming Sessions:

Thursday, February 27th

Vaping

Kristen Ackert, The Association for Nonsmokers-Minnesota

Thursday, March 19th

Help! Technology is Taking Control! Strategies for Leading Young People
in Safe and Healthy Use of Technology

Matthew Meyers, MA, LMFT

FOR QUESTIONS AND/OR CONCERNS, PLEASE CONTACT:

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