

Instructions

The First Step Summer Institute will accept Online Submissions or Hard Copy Submissions. You could find both forms on our website.

1. Complete all sections of application.
2. **TWO** Recommendation forms & located on our website:

www.stkate.edu/first-step

One should come from a current, academic teacher and the other from an adult who can speak about your personal qualities and interests/talents/skills.

3. **One transcript** scanned/emailed to thefirststep@stkate.edu

or mailed to:

The MIPS Office

Attn: Amal Warsame

2004 Randolph Ave., F-29

St. Paul, MN 55105



"I would definitely recommend this program to any young woman who has the potential to utilize such a program like First Step. Words cannot describe how much of an influence First Step has had on me. I am thankful and appreciated every waking moment."
- First Stepper

St. Catherine University

MIPS Office

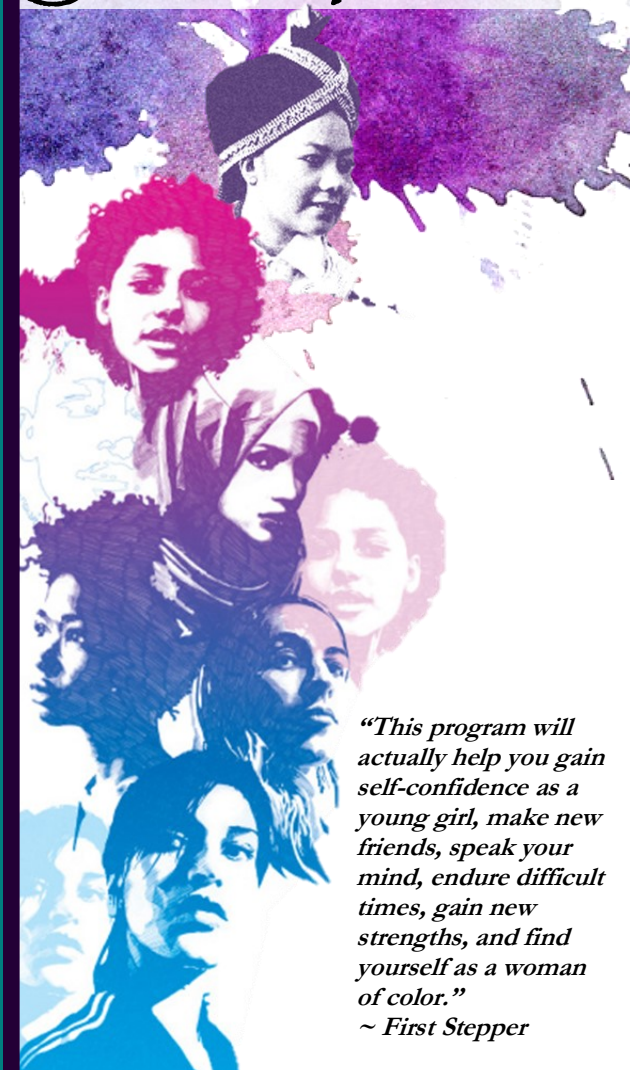
Amal Warsame

2004 Randolph Ave., F-29

St. Paul, MN 55105

2019

First Step Summer Institute



"This program will actually help you gain self-confidence as a young girl, make new friends, speak your mind, endure difficult times, gain new strengths, and find yourself as a woman of color."
~ First Stepper

Why Apply?

- First Step programming, lodging, and food are all **FREE** to you and your family.
- Join a tight-knit community of 25 rising junior and senior Indigenous and women of color.
- Meet college professors, admission officers, career counselors, and successful female mentors of color from St. Kate's and the Twin Cities' professional community.
- Improve your confidence about gaining admissions to college.



Who is Eligible?

All current sophomore and junior women of color enrolled in high school with a G.P.A. of 2.75 or higher, who are interested in attending college.

Program Dates

- June 17-June 20th, 2019



How to apply?

- Application is now open!
- Application located at:

www.stkate.edu/first-step

For a printable hard copy and the link to our **Online Application forum!!!**



*"First Step opened my eyes so much and has given me courage going into college."
~ First Stepper*