

October 2024

Aquila Elementary
2024-2025 Lunch K-5

	01	02	03	04
	<p>Lunch Entree All Beef Hot Dog on a Whole Grain Bun <i>With</i> Baked Beans</p> <p>Sandwiches Turkey & Cheese Sandwich</p> <p>Vegetarian Option WowButter Sandwich</p> <p>Vegetables Fresh Vegetables Bar</p> <p>Fruit Assorted Fruit Choice</p> <p>Choice of Milk</p> <p>Condiments SLP Homemade Ranch Dressing Ketchup Mustard Mayonnaise Olive Oil</p>	<p>Lunch Entree Golden Crispy Chicken Tenders <i>With</i> Dinner Roll</p> <p>Sandwiches Turkey & Cheese Sandwich</p> <p>Vegetarian Option WowButter Sandwich</p> <p>Hot Vegetables Caramelized Green Beans</p> <p>Vegetables Fresh Vegetables Bar</p> <p>Fruit Assorted Fruit Choice</p> <p>Choice of Milk</p> <p>Condiments SLP Homemade Ranch Dressing Honey Mustard Dressing Ketchup Mustard BBQ Sauce Mayonnaise Olive Oil</p>	<p>No school E-12 (Rosh Hashanah)</p>	<p>Lunch Entree Roasted Chicken Drumstick <i>With</i> Homemade Cheese Biscuits</p> <p>Sandwiches Turkey & Cheese Sandwich</p> <p>Vegetarian Option WowButter Sandwich</p> <p>Hot Vegetables MN Grown Delicata Roasted</p> <p>Vegetables Fresh Broccoli Florets</p> <p>Fruit Assorted Fruit Choice</p> <p>Choice of Milk</p> <p>Condiments SLP Homemade Ranch Dressing Mustard BBQ Sauce Mayonnaise Olive Oil</p>

<p style="text-align: right;">07</p> <p>Lunch Entree MN Local Beef Cheeseburger <i>Or</i> MN Local Beef Hamburger <i>With</i> Baked Beans Vegetarian Option Garden Veggie Burger with Cheese Sandwiches Turkey Italian Sub Vegetables Fresh Vegetables Bar Fruit Assorted Fruit Choice Choice of Milk Condiments SLP Homemade Ranch Dressing Ketchup Mustard Sliced Pickles</p>	<p style="text-align: right;">08</p> <p>Lunch Entree Fiesta Beef Nachos Sandwiches Turkey Italian Sub Vegetables Shredded Lettuce and Tomato Fresh Vegetables Bar Fruit Assorted Fruit Choice Choice of Milk Condiments SLP Homemade Ranch Dressing Homemade Pea Guacamole Salsa Sour Cream</p>	<p style="text-align: right;">09</p> <p>Lunch Entree Pepperoni Pizza Vegetarian Option 16" WG Cheese Pizza Sandwiches Turkey Italian Sub Hot Vegetables Oven Roasted Parmesan Broccoli Vegetables Fresh Vegetables Bar Fruit Assorted Fruit Choice Choice of Milk Condiments SLP Homemade Ranch Dressing</p>	<p style="text-align: right;">10</p> <p>Lunch Entree Great Apple Crunch Day! Hoyo Beef Sambusa with Rice and Beans Vegetarian Option WowButter Sandwich Sandwiches Turkey Italian Sub Vegetables Cabbage Salsa Fresh Vegetables Bar Fruit Assorted Fruit Choice Choice of Milk Condiments SLP Homemade Ranch Dressing Sweet & Sour Sauce</p>	<p style="text-align: right;">11</p> <p>Lunch Entree Chicken n' Waffles <i>With</i> Crinkle Cut French Fries Sandwiches Turkey Italian Sub Vegetarian Option WowButter Sandwich Vegetables Fresh Vegetables Bar Fruit Assorted Fruit Choice Choice of Milk Condiments SLP Homemade Ranch Dressing Ketchup</p>
<p style="text-align: right;">14</p> <p>Lunch Entree Mandarin Orange Chicken with Brown Rice <i>With</i> Dinner Roll Vegetarian Option Vegetarian Hummus Plate with Flatbread Hot Vegetable Oven Roasted Seasoned Broccoli Vegetables Fresh Vegetables Bar Fruit Assorted Fruit Choice Choice of Milk Condiments SLP Homemade Ranch Dressing Soy Sauce Packets</p>	<p style="text-align: right;">15</p> <p>Lunch Entree Yogurt & Muffin Grab n' Go Vegetarian Option Vegetarian Hummus Plate with Flatbread Vegetables Vegetable Juice Fresh Vegetables Bar Fruit Assorted Fruit Choice Choice of Milk Condiments SLP Homemade Ranch Dressing</p>	<p style="text-align: right;">16</p> <p>No school E-12</p>	<p style="text-align: right;">17</p> <p>No school E-12</p>	<p style="text-align: right;">18</p> <p>No school E-12</p>

21	<p>Lunch Entree Corn Dog</p> <p>Sandwiches Turkey Ranch Wrap</p> <p>Vegetarian Option Vegetable Sandwich</p> <p>Hot Vegetables Cut Green Beans</p> <p>Vegetables Fresh Vegetables Bar</p> <p>Fruit Assorted Fruit Choice</p> <p>Choice of Milk</p> <p>Condiments SLP Homemade Ranch Dressing Ketchup Mustard Mayonnaise Olive Oil</p>	22	<p>Lunch Entree Cheese Quesadilla <i>With</i> Refried beans</p> <p>Sandwiches Turkey Ranch Wrap</p> <p>Vegetables Fresh Vegetables Bar</p> <p>Fruit Assorted Fruit Choice</p> <p>Choice of Milk</p> <p>Condiments SLP Homemade Ranch Dressing Homemade Pea Guacamole Salsa Sour Cream</p>	23	<p>Lunch Entree Chicken Nuggets <i>With</i> Garlic Toast</p> <p>Sandwiches Turkey Ranch Wrap</p> <p>Vegetarian Option Vegetable Sandwich</p> <p>Hot Vegetables Oven Roasted Parmesan Broccoli</p> <p>Vegetables Fresh Vegetables Bar</p> <p>Fruit Assorted Fruit Choice</p> <p>Choice of Milk</p> <p>Condiments SLP Homemade Ranch Dressing Honey Mustard Dressing Ketchup</p>	24	<p>Lunch Entree Bean and Cheese Pupusas <i>With</i> Street Corn</p> <p>Sandwiches Turkey Ranch Wrap</p> <p>Vegetables Fresh Vegetables Bar</p> <p>Fruit Assorted Fruit Choice</p> <p>Homemade Apple Crisp served with all Entree's</p> <p>Choice of Milk</p> <p>Condiments SLP Homemade Ranch Dressing Homemade Pea Guacamole Salsa Sour Cream</p>	25	<p>Lunch Entree Stuffed Crust Pepperoni Pizza</p> <p>Vegetarian Option Stuffed Crust Cheese Pizza</p> <p>Sandwiches Turkey Ranch Wrap</p> <p>Hot Vegetables Mixed Vegetables</p> <p>Vegetables Fresh Vegetables Bar</p> <p>Fruit Assorted Fruit Choice</p> <p>Choice of Milk</p> <p>Condiments SLP Homemade Ranch Dressing</p>
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28	29	30	31
<p>Lunch Entree Brunch for Lunch <i>With</i> Hash Brown Patty Sandwiches Turkey & Cheese Sandwich Vegetables Fresh Vegetables Bar Fruit Assorted Fruit Choice Choice of Milk Condiments SLP Homemade Ranch Dressing Ketchup Mustard Mayonnaise Olive Oil</p>	<p>Lunch Entree All Beef Hot Dog on a Whole Grain Bun Sandwiches Turkey & Cheese Sandwich Vegetarian Option WowButter Sandwich Hot Vegetables Honey Roasted Carrot Slices Vegetables Fresh Vegetables Bar Fruit Assorted Fruit Choice Choice of Milk Condiments SLP Homemade Ranch Dressing Ketchup Mustard Mayonnaise Olive Oil</p>	<p>Lunch Entree Golden Crispy Chicken Tenders <i>With</i> Dinner Roll Sandwiches Turkey & Cheese Sandwich Vegetarian Option WowButter Sandwich Hot Vegetables Caramelized Green Beans Vegetables Fresh Vegetables Bar Fruit Assorted Fruit Choice Choice of Milk Condiments SLP Homemade Ranch Dressing Honey Mustard Dressing Ketchup Mustard BBQ Sauce Mayonnaise Olive Oil</p>	<p>Lunch Entree Garlic Cheese French Bread Sandwiches Turkey & Cheese Sandwich Vegetarian Option WowButter Sandwich Hot Vegetables Oven Roasted Seasoned Broccoli Vegetables Fresh Vegetables Bar Fruit Assorted Fruit Choice Choice of Milk Condiments SLP Homemade Ranch Dressing Mustard Mayonnaise Olive Oil</p>

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