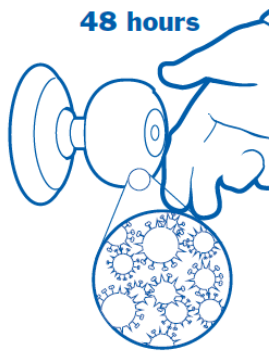


# INFLUENZA PREVENTION TIPS

## TIPS FOR PARENTS TO PREVENT AND REDUCE THE SPREAD OF INFLUENZA.

### VACCINATE

Everyone over 6 months of age should get the flu vaccine every year. It is best to get the vaccine by the end of October.

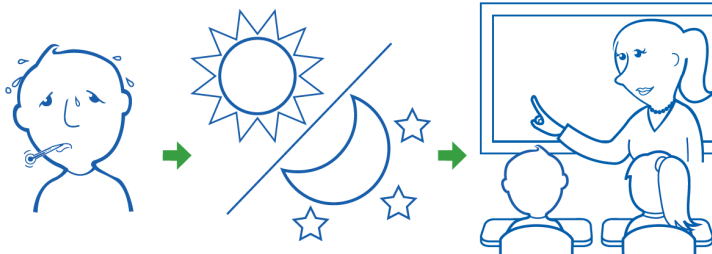
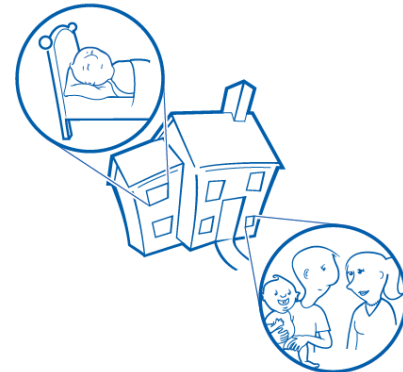


### DISINFECT

Flu virus can live on surfaces for 48 hours. Clean commonly touched surfaces with chlorine wipes (doorknobs, cabinet handles, countertops, computer keyboards, phones, faucet handles, etc.).

### ISOLATE

Keep sick child in their bedroom as much as possible to limit contact with healthy household members (not on the living room couch). This reduces the spread of diseases and the amount of deep cleaning that needs to be done.



### STAY HOME

Keep sick child at home until fever has been gone 24 hours without using fever-reducing medications.



**Public Health**  
Prevent. Promote. Protect.  
**Winnebago County**  
Health Department

PHONE:

920.232.3000

EMAIL:

[health@co.winnebago.wi.us](mailto:health@co.winnebago.wi.us)

[WWW.WINNEBAGOPUBLICHEALTH.ORG](http://WWW.WINNEBAGOPUBLICHEALTH.ORG)

@WINNEBAGOHEALTH

